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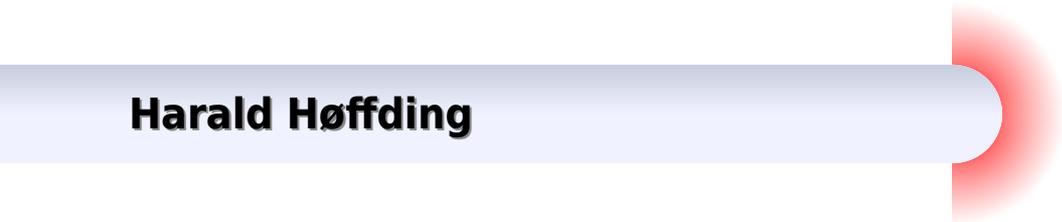
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100 Ideas for Primary Teachers: Wellbeing Jennifer Murray,2024-01-18 No matter what you teach there is a 100 Ideas title for you The 100 Ideas series offers teachers practical easy to implement strategies and activities for the classroom Each author is an expert in their field and is passionate about sharing best practice with their peers Each title includes at least ten additional extra creative Bonus Ideas that won t fail to inspire and engage all learners Jennifer Murray provides a rich toolbox of supportive ideas to promote and protect wellbeing for both you and your pupils and to help all to flourish Activities such as care treasure maps and connection clubs are easy to try and to sustain and all have been used to make a positive difference in primary schools across the UK There is a section dedicated to teacher wellbeing as well as a broad range of strategies to use in the classroom with your pupils covering language relationships physical movement self awareness appreciation and awareness of your environment and much more

Plastic-Free Beth Terry,2012-06-15 Like many people Beth Terry didn t think an individual could have much impact on the environment But while laid up after surgery she read an article about the staggering amount of plastic polluting the oceans and decided then and there to kick her plastic habit Now she wants to teach you how you can too In her quirky and humorous style well known to the readers of her popular blog My Plastic Free Life Terry provides personal anecdotes stats about the environmental and health problems related to plastic and personal solutions and tips on how to limit your plastic footprint Terry includes handy lists and charts for easy reference ways to get involved in larger community actions and profiles of individuals Plastic Free Heroes who have gone beyond personal solutions to create a change on a larger scale Plastic Free also includes chapters on letting go of eco guilt strategies for coping with overwhelming problems and ways to relate to other people who aren t as far along on the plastic free path Both a practical guide and the story of a personal journey from helplessness to empowerment Plastic Free is a must read for anyone concerned about the ongoing health and happiness of themselves their children and the planet

Creativity for Learning Kristy Doss,Lisa Bloom,2025-09-15 Creativity for Learning provides a comprehensive

understanding of creativity's role in learning as well as practical approaches to teaching creative thinking strategies to diverse learners. This book provides a roadmap for creating instructional practices that allow learners to go beyond knowledge acquisition. Chapters provide research on creativity along with insights from professionals who apply creativity in their work, offering valuable guidance on how to nurture these essential skills in the classroom. Packed with research-based activities to help learners acquire and exercise creative thinking, novel approaches to assessment, as well as suggestions for learning space design, this book has everything you need to orchestrate a classroom that fosters equitable talent development for all students across the content areas. This must-read guide will be the trusted companion for all educators seeking to transform their students into creative thinkers ready to meet the challenges of an uncertain future.

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web mar 21 2023 la colopathie fonctionnelle aussi appelée le syndrome du côlon irritable est un trouble de l'intestin qui entraîne des symptômes comme des sensations d'inconfort des ballonnements des flatulences et des douleurs abdominales avoir une alimentation adaptée a un rôle clé dans cette maladie quels sont les aliments à privilégier