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Peter Mattock



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Time Line Therapy and the Basis of Personality Tad James,Wyatt Woodsmall,2017-10-10 Time Line Therapy and the Basis of Personality is a compelling study of the important elements that make up a person s core personality and a detailed exploration of and introduction to how Time Line therapy works in practice Written by Tad James and Wyatt Woodsmall Time

Line Therapy and the Basis of Personality is a compelling study of the important elements that make up a person's core personality and a detailed exploration of and introduction to how Time Line therapy works in practice Utilizing discoveries made by Richard Bandler Time Line Therapy and the Basis of Personality expands and updates our knowledge of how people actually store their memories and sheds light on the effect that the system used for memory storage has on the individual The authors contend that the concept of Time Line or the notion of time that you have stored in your mind shapes and structures your experience of the world and therefore shapes your personality Time Line therapy is therefore based on the premise that the client goes back to the first time they remember a particular problem does change work utilizing Neuro Linguistic Programming NLP to eliminate irritating behaviors or issues and if necessary goes to subsequent times when their behavior or response was a problem and undertakes further change work to resolve it Time Line Therapy and the Basis of Personality offers readers the opportunity to see how Time Line therapy works providing a clear description of how to elicit the Time Line and sharing step by step methods to subsequently help the client to release a limiting decision or trauma remove anxiety or set a future goal All of these key aspects are explained using clear language and easy to follow steps and the authors expert commentary is further complemented by examples exercises and transcripts in order to help the reader transfer the theory into effective practice

Time Line Therapy® Made Easy Adriana James,2014-10-31 The intention behind this is not to give you an inspirational book but to offer you a self empowering guide Adriana wants to bring to your awareness the potential offered by an offshoot of NLP which is the science and art of Time Line Therapy techniques Here we share with you the beginning of the process and we hope you will use it to your benefit The intention is to help you to let go of past burdens and create happiness and success in your life *New Mind New Reality* Gregory P Brown MD,2018-02-25 *Storycraft* Jon Mayhew,Martin Griffin,2020-01-22 Martin Griffin and Jon Mayhew's Storycraft How to teach narrative writing is an inspiring and practical resource to support secondary school teachers in developing their students creative writing This book is not a style manual Authors Martin Griffin and Jon Mayhew think there are plenty of those about Instead it picks apart the craft of narrative writing and equips teachers with activities designed to help their students overcome the difficulties they experience when tasked with creating something from nothing Written by two fiction writers and English teachers with over forty years combined experience in education Storycraft packs in expert guidance relating to idea generation and the nature of story and provides off the peg writing prompts that teachers can immediately adopt and adapt in the classroom The book breaks down the simple components that must be in place for a narrative to work the crafting of character setting shape and structure and shares fifty one stimulating activities that will get students writing narratives regularly more creatively and with greater confidence Martin and Jon also include helpful advice in a chapter dedicated to the process of editing in which they provide activities designed to help students diagnose and improve misfiring narratives and they close the book with invaluable tips for GCSE exam preparation written directly for students and with an impending creative writing exam in mind Suitable for

English teachers of students aged eleven to eighteen

The Brain Box David Hodgson, 2014-02-27 The Brain Box a personal journal for each student to be their best at school boost grades improve motivation memory learning and understanding exam techniques It will help teachers prove they apply many Ofsted guidelines but will also appeal to parents By using Neuro Linguistic Programming and explaining neuroscience the authors take students on their journey from building their profile to looking at what motivates them their ambitions and their future goals Case studies anecdotes of success motivation are littered throughout and questions are posed to get students thinking about their journey *VESPA Handbook* Steve Oakes, Martin Griffin, 2024-08-09 The Vespa Handbook builds on the success of Steve and Martin's acclaimed books *The A Level Mindset* and *The GCSE Mindset* by introducing 40 new activities that will help teachers improve the grades of their students The handbook is a perfect introduction to the VESPA approach as well as a practical addition to previous resources Just like their previous books *The Vespa Handbook* will help teachers develop the five key characteristics and behaviours that students need in order to regulate their own learning vision effort systems practice and attitude When it comes to achieving academic success these characteristics are crucial The ability of students to have a vision commit the effort be organised practise and revise well and have a positive attitude and good work ethic are vital to their success The 40 activities included are set out clearly and categorised thematically under the VESPA umbrella making them easy to navigate and use in any setting Each activity can be delivered one to one to a tutor group or to a whole cohort and is designed to take fifteen to twenty minutes to complete These activities will help your students to set goals work more efficiently organise their resources and manage their workload *The Vespa Handbook* will empower learners to unlock their potential overcome obstacles and take control of their own knowledge and skills It has been written with students in mind and includes spaces for them to record and reflect on their answers and organise their thought process The book offers a comprehensive toolkit of study techniques strategies and approaches that can be applied for effective learning planning organization and execution Steve and Martin share practical advice and valuable insights for teachers looking to improve their students resilience and ambition based on their combined 40 plus years of experience in teaching and coaching Suitable for teachers tutors and parents who want to boost academic outcomes in 14-18 year olds and equip them with powerful tools and techniques in preparation for further education and employment

The Working Classroom Matt Bromley, Andy Griffith, 2023-11-08 Schools do amazing work to support children from disadvantaged backgrounds But this book will enable them to do more Disadvantage comes in many forms but cultural poverty where some students have relative knowledge gaps compared with their more affluent peers can be addressed successfully by schools *The Working Classroom* explores how working class students are disadvantaged by a flawed system and what schools can do to close the gap Written by two experienced authors with a deep understanding of the challenges that poverty and low aspiration can bring and a passion for social justice *The Working Classroom* examines how and why we must seek systemic changes The book focuses on actions within the control of

teachers and school leaders which will ensure that we create a socially just education system one that builds on the rich heritage of the working class rather than seeing their background as a weakness It offers practical ways for students and families to build on the best of working class culture whilst also empowering teachers students and parents to change the system The Working Classroom provides teachers with useful methods to improve the cultural capital of students from disadvantaged backgrounds that can be easily replicated and implemented in their own setting Backed up by practical case studies that have a proven impact in schools with high levels of deprivation this book will enable teachers to audit their current provision and encourage them to adopt new systems and practices so that they and the wider school will have a greater impact on the lives of working class students and their families Suitable for both teachers and leaders in a secondary school or sixth form college setting who seek to support social change in education and anyone in the corporate or non education world who wants to practice effective altruism or philanthropy

The Student Mindset Steve Oakes, Martin Griffin, 2019-02-28 In The Student Mindset A 30 item toolkit for anyone learning anything Steve Oakes and Martin Griffin provide clear effective and engaging tools designed to help students plan organise and execute successful learning Successful students find a way to succeed They get the results they want And they achieve this not by superior ability but by sticking to habits routines and strategies that deliver those results By cutting through the noise surrounding academic success and character development bestselling authors Steve Oakes and Martin Griffin have identified the five key traits and behaviours that all students need in order to achieve their goals vision effort systems practice and attitude VESPA These characteristics beat cognition hands down and in The Student Mindset Steve and Martin provide a ready made series of study strategies approaches and tactics designed to nurture these qualities and transform your motivation commitment and productivity The book s thirty activities while categorised thematically under the VESPA umbrella have been organised around six key phases of learning so that you can recognise which phase you re in before choosing from the range of tools and techniques to help you get through it The six co existing key phases are preparation starting study collecting and shaping adapting testing and performing flow and feedback and dealing with the dip At each phase you ll experience challenges and discover new ways of working and this book s activities have been designed to help you gain control and become a better learner by sharing workload management tactics and revision strategies associated with calm purposeful study and ultimately getting good results These tools include a range of effective prioritisation stress reduction procrastination busting and mindset development approaches all neatly packaged into this outstanding practical guide to becoming a successful and confident student Suitable for all students Shortlisted for the Non Obvious Book Award

Conceptual Maths Peter Mattock, 2023-04-05 Written by Peter Mattock Conceptual Maths Teaching about rather than just how to do mathematics in schools aims to empower teachers to support students on a comprehensive and coherent journey through school mathematics Showcasing the best models metaphors and representations it provides excellent

examples explanations and exercises that can be used across the curriculum Concepts are at the heart of the study of mathematics They are the ideas that remain constant whenever they are encountered but which combine and build upon each other to create the mathematical universe It is the structure of each concept that gives rise to the procedures that are used in calculation and problem solving and by learning about these structures a learner can make sense of how different processes work and use them flexibly as need demands In his first book *Visible Maths* Peter Mattock focused on the use of representations and manipulatives as images and tools and how this can provide a window into some of these mathematical structures His aim in *Conceptual Maths* is to go deeper beyond the procedures and to shed greater light on the structures of the subject's different concepts The book explores how a variety of visual tools and techniques can be used in the classroom to deepen pupils' understanding of mathematical structures concepts and operations including number addition and subtraction multiplication and multiples division and factors proportionality functionality measures accuracy probability shape and transformation and vectors among many others In so doing Peter equips teachers with the confidence and practical know-how to help learners assimilate knowledge of mathematical concepts into their schema and take their learning to the next level Containing numerous full colour diagrams and models to illustrate the conceptual takeaways and teaching techniques discussed *Conceptual Maths* also includes a glossary covering the key mathematical terms Suitable for teachers of maths in primary secondary and post 16 settings

The Hahnemannian Monthly, 1923

Working with Anger Peter Cummins, 2006-02-03 This text is based on a constructivist approach to anger management and gives practical advice case study examples and methods of evaluation to enable clinicians to set up anger management programmes

13 Nathaniel Lachenmeyer, 2005-08 Triskaidekaphobia fear of the number 13 If thirteen people sit down at a table will one die within a year Why did five U S presidents join the Thirteen Club What is the only major New York hotel that has a thirteenth floor In 13 a fascinating cultural history cum detective story Nathaniel Lachenmeyer gets to the root of how one superstition the fear of the number 13 developed among wildly divergent societies A book about mythmaking 13 explores why people believe what they believe and the real reason Friday the 13th is the most unlucky day in the world

Strategies of Genius: Sigmund Freud, Leonardo da Vinci, Nikola Tesla Robert Dilts, 1994 L'aproposito di uno studio dei processi del pensiero che sottendono la creazione leonardiana

Stedman's Medical Dictionary Thomas Lathrop Stedman, 2000 Now in its Twenty Seventh Edition this dictionary is the successor to the first American medical dictionary This latest Deluxe Edition contains over 102 000 terms including 12 000 new terms and is written and reviewed by a group of internationally renowned physicians researchers and academicians that cover 52 medical and health science specialties Added features to the content of this edition include Genus Finder High Profile terms Word Finder Terminologia Anatomica the Art Program cross references in blue Building Blocks and more Beautifully bound in leather with exquisite custom design marbled end papers satin ribbon bookmark and gold trimmed pages

Severe Asthma S. J. Szeffler, Donald Y. M. Leung, 1996 Bridging the gap between basic science and

clinical research this comprehensive and fully up to date reference presents new directions in asthma care examining the pathophysiology epidemiology immunology environmental control and psychosocial impact of severe asthma **I Hear What You Say, But What Are You Telling Me?** Barbara G. Madonik,2001-10-16 It has been estimated that less than twenty percent of all human communication is expressed through words This means that in order to get to the heart of what people are really saying we must have the ability to read the subtext of nonverbal communication Yet mediators often lack the skills they need to analyze and utilize the rich meaning that is found in nonverbal communication This step by step handbook teaches you how to tune all your senses into what is happening with parties and counsel during mediation and thereby greatly increase your ability to prepare for and facilitate the overall process Time Line Therapy Master Practitioner Rebecca Lockwood,2021-04-09 This manual to be used in conjunction with the Time Line Therapy Master Practitioner Course with Rebecca Lockwood Academy **The Process of Counseling and Therapy** Janet Moursund,1993 Taking a very practical how to be a psychotherapist approach this overview of the process of counseling provides information that is fundamental to counseling but not representative of any one theoretical orientation Concise yet thorough and accessible to novice and seasoned professional alike it explores counseling basics e g skills relationship building as well as specific populations e g groups clients in crisis couples and diverse populations Foundation skills The initial interview The early phase The middle phase The final phase The client in crisis Groups and group therapy Couple therapy Dealing with diversity Care and feeding of therapists For new and seasoned professionals in counsel and psychotherapy *Searcher*,2004-06

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