



Sometimes you just gotta be your own
hero and save your own little heart.
Because sometimes the people you can't
imagine living without can live without you.

Greg Dykes

@austrionly

Sometimes A Hero

F Rizvi



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web in this lab you are challenged to use chemistry to determine which ionic compound makes the best hand warmer in this experiment you will collect data that will allow you to calculate the heat of solution ΔH_{soln} or the amount of energy released or absorbed in kJ/mol of the substance being dissolved

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and siena joy for our ap chemistry class

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