



Step Training Plus

Robert R. Redfield



Step Training Plus:

Step Training Plus Lauren M. Mangili, Karen S. Mazzeo, 1999 This unique textbook now updated to include the latest fitness research shows students how to structure a complete physical and mental training workout using step training and helps them to make healthy choices for a lifetime

Step Training Plus Lauren M. Mangili, 1999 *Step Training Plus* Karen S. Mazzeo, Lauren M. Mangili, 1993 Enriching Human Capital Through Training and Development P L Rao, 2009

The development of Human Resource has assumed importance particularly after the government's focus on HRD introduction of liberalized economy and globalisation of world trade This has led to world trade competition For this purpose every corporate entity sought ISO certification which enjoins on the industry to impart regular training to its workforce Thus training has taken centerstage HR is now considered as human capital and much importance is given to the development and training of this unique resource The one area in HR that found global visibility is training Training has a direct relationship to HR's concern about human capital development and globalisation of workforce People want to study at their own pace and time The exciting development area is therefore e learning Keeping the above developments in view it is imperative that business organisations should develop their own internal resources for training and development of their workforce While giving stress on management development most organizations ignore development and training of operatives who constitute the bulwark of their human capital This aspect has been suitably taken care of in this book This comprehensive book covers all aspects of training and development starting from conceptual inputs to management of training environment instructor's competencies transfer of learning IT based training to mention a few should be presented to line managers The book is divided into four parts Training and Development Training Delivery Evaluation of Training and the last part containing eleven Appendices relating to the Text Attempt has been made to present the subject in a succinct and lucid manner bringing the latest on the subject The text focuses not only on the traditional training methods but also on the importance of development dimensions This comprehensive compendium on training and development sprinkled with copious examples will be useful for the budding trainers HR practitioners and academicians alike

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