

The book cover features a vibrant photograph of a meal. In the foreground, a white plate with a decorative rim holds a piece of salmon with a dark, glossy sauce, a serving of yellow corn, and green beans. A fork and knife are placed on the plate. In the background, a wooden bowl contains more green beans and salmon, and a glass bowl holds a yellow powder. The overall scene is set on a blue surface with a red cloth partially visible.

Wholehearted Cooking

Simply Delicious Low-Fat Recipes

Terry Joyce Blonder
Author of FOR GOODNESS' SAKE

Wholehearted Cooking

Léo Pomar



Wholehearted Cooking:

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