

Sleep Optimization:



Sleep-ish
Ideas For
A Good
Night's
Rest

Ideas Sleep Optimization

Susan Ward, Shelton Hisley



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able to feel free to stand and kneel as indicated or to sit throughout as you please for those who attend

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loosely based on the canonical hours of vespers and compline old english speakers translated the latin word vespas as æfensang which became evensong in modern english

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web choral evensong order of service please stand as the choir and clergy move in procession to the quire and spire crossing the service begins with the versicles and responses on page 3 except on saturdays and sundays during advent and lent

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web view order of service monday 11th september 2023 5 00pm evensong quire sung by the choristers plainsong lucis creator optime plainsong responses moore second service haydn benedictus missa brevis sancti joannis de deo view order of service tuesday 12th september 2023 5 00pm

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web preces the cantor and choir sing the introductory verse lord open thou our lips and our mouth shall shew forth thy praise god make speed to save us lord make haste to help us glory be to the father and to the son and to the holy ghost as it was in the beginning is now and ever shall be world without end amen praise ye the lord

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