

# Spices



**VANILLA**  
It is the only spice original from America.

Used as condiments, spices gave rise since the Middle Age to very important trading activities especially after the discovery of America.

## THE SPICE ROUTE

It started during the XIII century, when spices used to be more and more employed in the European kitchen. The rising of the demand propelled a reach trading.

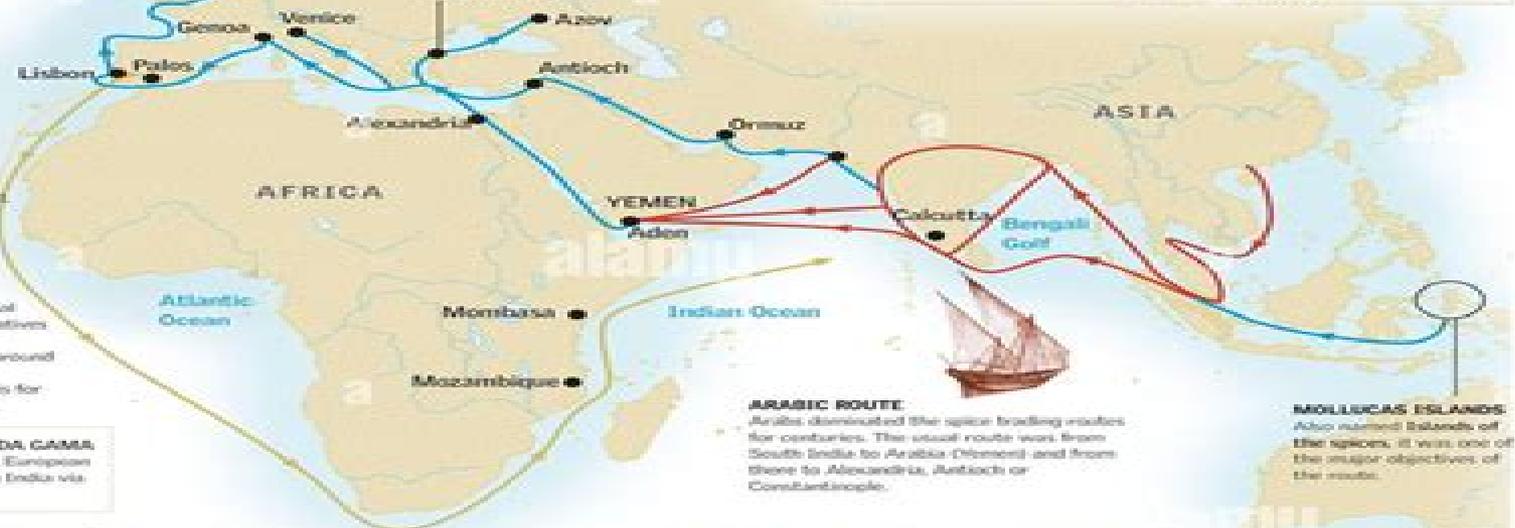


### CITIES FROM THE NORTH OF ITALY

With Venice as the strongest, they monopolized the spice trading during the XIII and the XIV centuries.

### CONSTANTINOPLE

It was the bridge between the east and the West until 1453, when it was taken under the control of the Ottoman Empire.



The expedition which brought Columbus to the discovery of America had the proposition to find a route from Mollucas Islands toward the west.

### PORTUGUESE ROUTE

In the XV century Portugal started to look for alternatives routes. In 1498 Portugal reached India by sailing around the African continent, establishing thus the basis for a reach maritime empire.



**VASCO DA GAMA**  
The first European reaching India via sea.

### ARABIC ROUTE

Arabs dominated the spice trading routes for centuries. The usual route was from South India to Arabia (Djemen) and from there to Alexandria, Antioch or Constantinople.

### MOLLUCAS ISLANDS

Also named Islands of the spices, it was one of the major objectives of the route.



**97,75%**  
OF SPICES ARE  
PRODUCED IN ASIA.

### MAIN PRODUCERS

In metric tons (2009)

India	1,029,209
Bangladesh	140,113
Turkey	99,891
China	65,987
Pakistan	52,229
Colombia	29,760



### THE MOST EXPENSIVE SPICES OF THE ROUTE

**PEPPER**  
*Piper Nigrum*  
Original from Malabar, it has been used for more than 3000 years. It was considered for long time the most important.

**CINNAMON**  
*Cinnamomum zellanicum* Nees  
It originates from Ceylon (current Sri Lanka). It was utilized to make oils and unguents. It is made from the dried crust of the tree.

**CLOVES**  
*Syzygium aromaticum*  
The trading of this spice was started by China, but the Arabs introduced it to Europe.

**GINGER**  
*Zingiber officinale*  
In ancient times it was used in China and in India. During the middle age it came to Europe and reached the same value of pepper.

**SAFFRON**  
*Crocus sativus* L.  
It is produced from the stigma of the iris flowers. Very much used by Muslim country such as Kashmir, Persia and Asia Minor.

**NUTMEG**  
*Myristica fragrans*  
It originates from the Mollucas Islands. The Muslims and the Byzantines used it as deodorant and in Europe it added to beer.

# Spice Route

**RC Schank**



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