



# Spiritual Guidance

**Wendy M. Wright**



## **Spiritual Guidance:**

Your Soul's Compass Joan Z. Borysenko, Ph.D., Gordon Dveirin, Ed.D., 2008-10-01 Drawing on spiritual wisdom from sacred texts across a variety of religious traditions this is an elegant simple and practical guide to get in touch with your higher self Deepak Chopra author of *The Seven Spiritual Laws of Success* Why am I here What does a life worth living look like What is the higher intelligence trying to express through me In this time of global change and uncertainty of spiritual indirection Americans are asking these age old questions with renewed curiosity There s a thirst for meaning and purpose a dawning realization that happiness isn t a commodity that can be bought with a gold card Fulfillment and joy arise naturally from creative and compassionate action from the understanding that all life is interconnected and guided by a higher intelligence Our personal choices make a difference and when they are spiritually inspired even the smallest action serves a larger whole Sacred texts ranging from the Torah to the New Testament the Tao Te Ching to the Buddhist scriptures the Vedantas to the Koran speak of making life enhancing choices where a force greater than the individual flows through us and informs our thoughts and actions In this book we ll focus on the three classic aspects of living such a spiritually guided life 1 alignment maintaining a direct and personal connection to the Source of our Being 2 discernment distinguishing the movement of Spirit in our lives from our own wants fears and social conditioning and 3 action making our best most inspired contribution to the evolution of life

**Spiritual Direction 101** Teresa Blythe, 2018-03-07 Wondering what spiritual direction is all about Looking for a practical guide that covers everything from finding a spiritual guide to becoming one This is your how to book on the history practice and ethics of spiritual guidance *Spiritual Direction 101* brings spiritual guidance down to earth making it accessible to people from a variety of spiritual and religious traditions This book gives you the nitty gritty here s how it s done information such as tips tools stories and descriptions to assist spiritual directors and build awareness in those seeking spiritual help *Spiritual Direction 101* is all you need to demystify the art of spiritual guidance and prepare you for a meaningful encounter whether as a seeker or a guide If you want an easy to follow primer written from practical experience and years of training new spiritual guides this is the one book to add to your spiritual library

Your Soul's Compass Joan Borysenko, 2009-11 Why are we here Are we fulfilling life s purpose What is evolutionary intelligence trying to express through us In this time of global change and uncertainty of spiritual indirection people are asking these age old questions with renewed curiosity There s a thirst for meaning and purpose a dawning realization that happiness isn t a commodity that can be bought with a gold card Fulfillment and joy arise naturally from the capacity to be present to life as it s unfolding and to listen for and discern the best possibilities in any situation which inform enlightened compassionate action Joan and Gordon s hope is that *Your Soul s Compass* will help you move beyond limited ways of knowing and open up the vast evolutionary intelligence needed to make the leap toward fuller self realization in your own life and in the world

Spiritual Guidance in the Experience of the Society of Friends William Charles Braithwaite, 1909 *Short Term Spiritual Guidance*

Duane R. Bidwell, This book represents a significant departure from most contemporary writing about spiritual direction While most writers focus on long term relationships of guidance specifically envisioning long listening sessions Bidwell changes focus Spiritual direction he insists typically requires intervention in a specific crisis or situation or question is not formal lasts fewer than five sessions and must be actively and intentionally focused on the person s growth Bidwell s work shows what spiritual directors can learn from the short term therapy model especially about enabling people briefly but effectively to learn to listen on their own and with others for God s presence Focusing on how God is already active in the directee s life allows the participants to identify God s action and respond in ways that collaborate with that identified movement of the Spirit

*Your Soul's Compass* Joan Z. Borysenko,2007-11-29 Why am I here What does a life worth living look like What is the higher intelligence trying to express through me In this time of global change and uncertainty of spiritual indirection Americans are asking these age old questions with renewed curiosity There s a thirst for meaning and purpose a dawning realization that happiness isn t a commodity that can be bought with a gold card Fulfillment and joy arise naturally from creative and compassionate action from the understanding that all life is interconnected and guided by a higher intelligence Our personal choices make a difference and when they are spiritually inspired even the smallest action serves a larger whole Sacred texts ranging from the Torah to the New Testament the Tao Te Ching to the Buddhist scriptures the Vedantas to the Koran speak of making life enhancing choices where a force greater than the individual flows through us and informs our thoughts and actions In this book we ll focus on the three classic aspects of living such a spiritually guided life 1 alignment maintaining a direct and personal connection to the Source of our Being 2 discernment distinguishing the movement of Spirit in our lives from our own wants fears and social conditioning 3 action making our best most inspired contribution to the evolution of life

**Extraordinary Guidance** Liza Wiemer,2010-02-17 Liza Wiemer opens doors to the soul that few of us realize even exist Read this book explore its methods and open yourself to the wisdom to which each of us is heir Rabbi Rami M Shapiro author of *Wisdom of the Jewish Sages* A complete guide for readers of any religion Extraordinary Guidance teaches how to contact the spiritual guides that watch over every soul and apply their wisdom for practical results in your everyday life as well as for a richer spiritual life In the late 1980s channeling was the popular way to receive spiritual guidance In the early 90s angels became accessible Now we know we can go directly to the source to the spiritual guides themselves and Liza Wiemer reveals how everyone can contact his or her own spiritual guides for invaluable life guidance Extraordinary Guidance explains what spiritual guides are and provides easy and effective step by step instructions for connecting with them including how to get in the right state of mind to talk with these powers that guide us Through examples and personal anecdotes of her own spiritual guide Wil Wiemer shows how the discovery of the wisdom within enables people to make positive changes in their lives and help others to do the same and ultimately to work toward bridging the gap between the spiritual and physical worlds

*Spiritual Direction and the Care of Souls* Gary W. Moon,David

G. Benner,2004-04-08 Editors Gary W Moon and David G Benner along with a team of expert contributors provide a comprehensive survey of spiritual direction in its myriad Christian forms With insights on spiritual direction s relationship to psychotherapy and pastoral counseling this book serves as an authoritative resource for spiritual transformation and pastoral care *Spiritual Guidance for Common People* Carolyn Simmons,2023-11-01 This book is to inspire the reader that in all situations there is always an answer to a problem The scriptures that are noted in this book will give you a fuller understanding to who God is and how His will can impact your daily life to improve your thoughts The impact the different stories and guidance printed here will allow you to know you are not alone Though the characters are not real you will be able to relate to characters personally or through people close to you Through Wind and Waves Francis Carvajal,2012-06-14 A guide is a welcome addition on most any journey So it is with the greatest of all journeys the journey to God One of the Church s most long standing and fruitful traditions spiritual direction is an instrument of God s glory in the world The act of clearing the way for the Holy Spirit is a delicate yet challenging matter and one that requires humility patience and charity among other virtues Through Wind and Waves On Being a Spiritual Guide is a guidebook for those undertaking this important work It offers wisdom for both the supernatural and the practical elements of spiritual direction It shows that being a spiritual guide is not simply a matter of prayer and meditation but one of a firm interior life genuine friendship and the daily realities of living one s life for the Lord That life will be marked by adventure since every soul is unique and is led by the Spirit to blaze new paths to holiness Filled with wisdom from the saints as well as Jesus words in the Gospels Through Wind and Waves is a valuable resource for those called to lead others into the safe harbor of God s love

**Companions on the Inner Way** Morton T. Kelsey,1996 The Spiritual Seeker's Guide Steven S. Sadleir,1992 This one stop guide details the history ideology and practices of over 100 religions and spiritual traditions and teachers from around the world From Christianity to Krishna Consciousness from Alcoholics Anonymous to Zoroastrianism this guide briefly describes each group s major tenets tells who to call for more information and includes suggestions for further information An unbiased reporting *The precepts of Jesus, the guide to peace and happiness : extracted from the books of the New Testament, ascribed to the four evangelists ... 1820* Rammohun Roy (Raja),1901 *Exploring Spiritual Guidance* Wendy M. Wright,2006 The sensational small groups series Companions in Christ is now being offered in a new 5 piece participant book set as well as the traditional 1 piece participant book set With the same great daily devotional material and group conversation the two different participant book styles allow each group to create a study that best fits their members The 5 piece participant book set will allow groups to take initial breaks between modules and each are to be used with the foundational leaders guide item 9780835898409 Exploring Spiritual Guidance The Spirit of Christ presents an overview of the different ways to give and receive spiritual guidance from a one on one relationship with a spiritual mentor to congregational or small group accountability Learn how to grow together as a part of a Christian community and how small

groups become settings for guided spiritual development Exploring Spiritual Guidance is the fifth segment of a five volume study of the original 28 week Companions in Christ resource The five piece participant series is designed for groups who will take breaks between the other four volumes These other 4 volumes include Embracing the Journey 9780835898300 Feeding on the Word 9780835898317 Deepening Our Prayer 9780835898324 and Responding to Our Call 9780835898331

Churchman ,1884      Rumi Daylight Camille Adams Helminski,1999-10-19 The spiritual influence of Jelaluddin Rumi 1207 1273 is increasing among people of diverse beliefs throughout the western world Rumi is now recognized here in the West as he has been for seven centuries in the Middle East and Western Asia as one of the greatest literary and spiritual figures of all time Rumi is a spokesman for the religion of love in the language of the heart Recent translations of Rumi s work have brought forth a variety of different qualities exploring the subtlety grace and electricity of his verse This book presents his spiritual teachings concisely and comprehensively in a translation that touches heart and mind The Mathnawi from which these selections have been taken is one of the greatest spiritual masterpieces ever written Its content includes the full spectrum of life on earth as well as the vertical dimension to the highest levels of metaphysics and cosmic awareness

**The Spirit World** Florence Marryat,1894      **Spiritual Guidance: Trusting the Voice Within** Lisa Miliareisis,Dr. Kimberly Friedman,2013-07-16 Spiritual Guidance Trusting the Voice Within is an interactive workbook that can awaken your hidden potential Discover an energetic language that exists within you and tap into its ability to improve your life experiences Dr Kimberly K Friedman and Lisa Miliareisis take you on a journey through simple exercises that will unlock awareness and ability you didnt even know you had Enhancing your spiritual wisdom can allow you to Guide your thoughts to form positive life experiences Communicate with loved ones who have crossed over Identify angels or guides that are available to assist you in this lifetime Release repeated patterns blocked energy or trouble emotions Deeply understand your true identity as a loving and peaceful being Tap into the potential of healing energy such as Reiki Get more giggles and enjoyment out of life Many have learned to elevate their energy connect their inner being and live a life with more joy and ease Why not you      **John Bunyan: His Life Times and Work** John Brown B.A., D.D.,1888      **Johnson's Universal Cyclopædia** ,1887

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