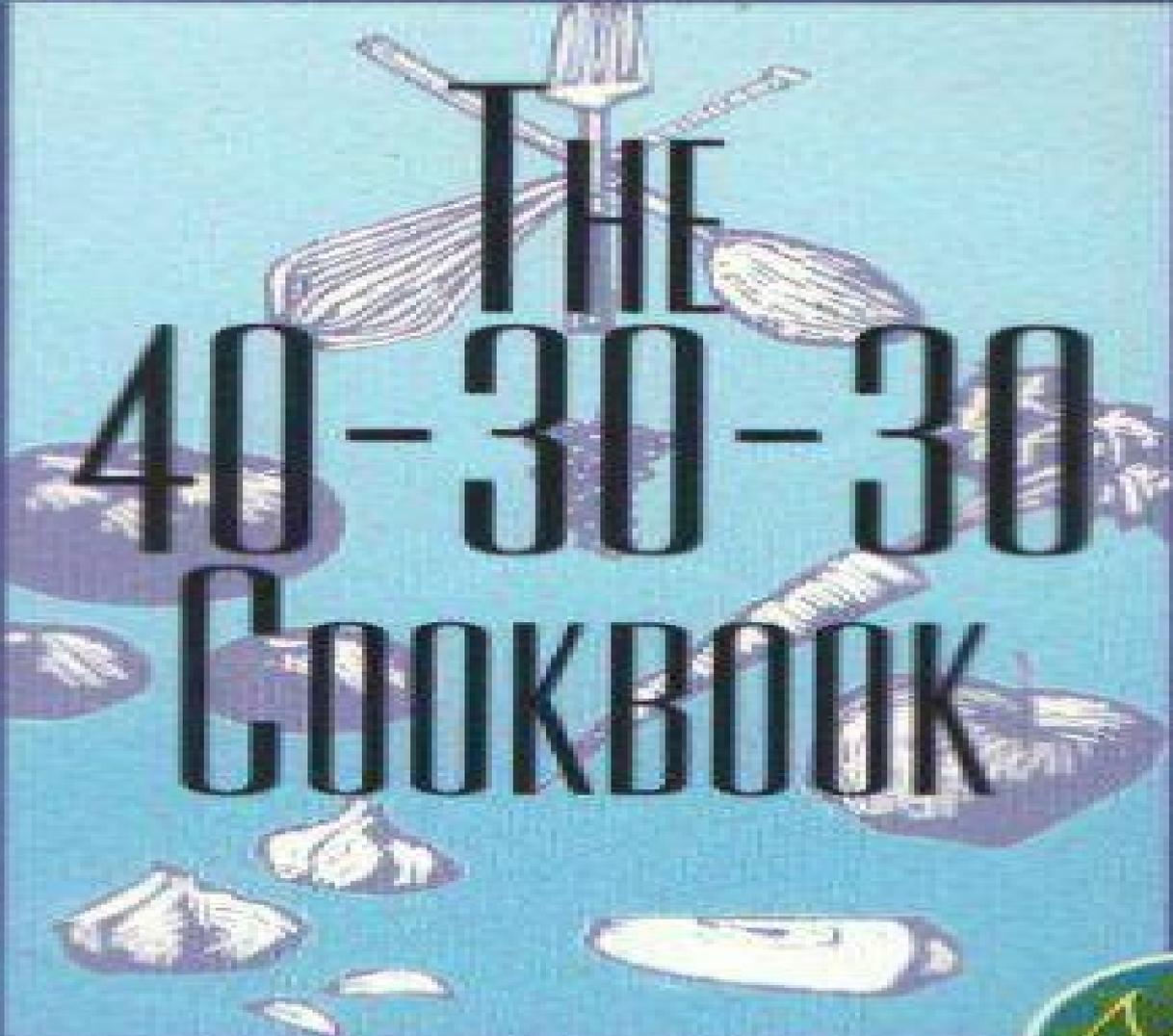


40-30-30 NUTRITION MADE EASY

An illustration on a light blue background featuring various kitchen items: a whisk, a fork, a knife, a rolling pin, a pie, a bowl, and several small mounds of ingredients like flour and butter.

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