

# SKINNY Italian

C O O K I N G

*Over 100 low-fat, delicious,  
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Caprese and Minestrone  
to Beefy Lasagne, Salami  
Risotto, Turkey Pizza,  
and Almond Biscotti*



RUTH GLICK AND NANCY BAGGETT

# Skinny Italian Cooking

**D Kirk**



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