

# What are Vital Signs?

Vital signs are measurements that help in checking a human body's basic functions. They usually serve as the first step of every medical evaluation or examination. They help medical professionals detect the presence of any underlying conditions that could be affecting a patient's health.

There are five main vital signs, and they are as follows:

- **Body temperature**
- **Pulse/heart rate**
- **Blood pressure**
- **Oxygen Saturation (SpO<sub>2</sub>)**
- **Respiratory/breathing rate**



# Vital Signs Vol 3 Restructuring The English Classroom

**Huangqi Zhang**



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