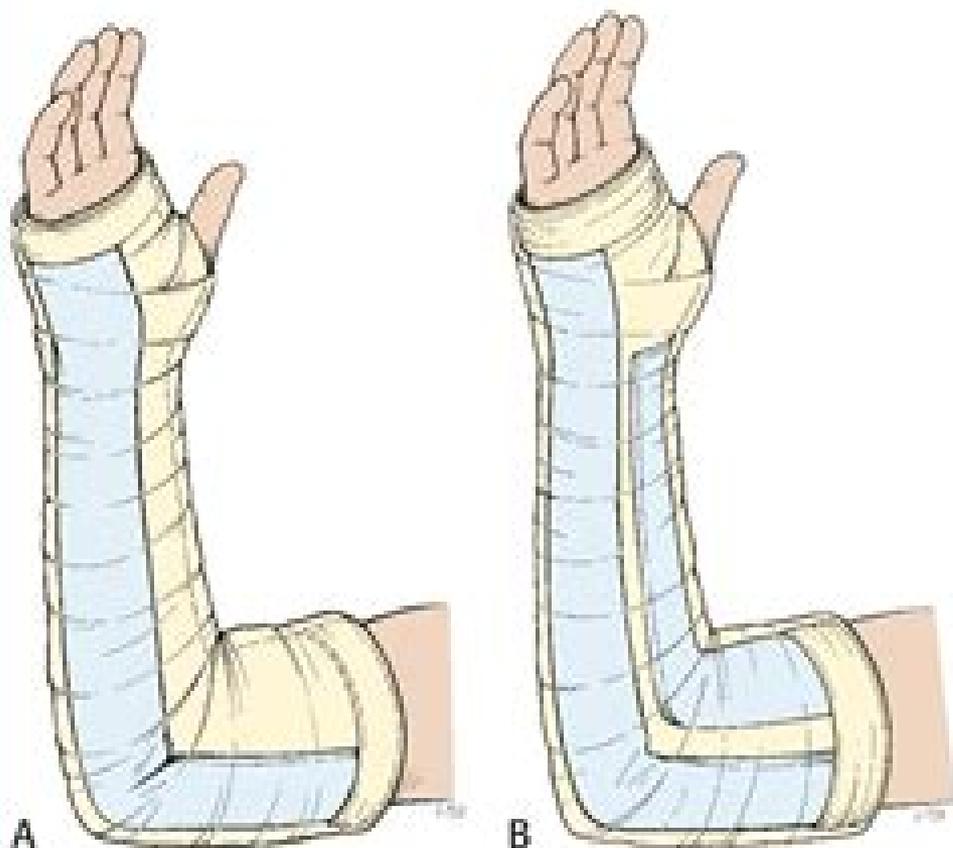


Long Arm Posterior Splint



Application

A. Extend the splint from the posterior aspect of the humerus to the elbow and then along the ulnar aspect of the forearm to the distal metacarpals. Flex the elbow to 90°, maintain the forearm in the neutral (thumb-up) position, and place the wrist in a neutral or slightly extended (10° to 20°) position.

B. An anterior splint that mirrors the posterior splint may be used to increase stability and prevent supination and pronation. An anterior splint is never used alone.



Indications

Injuries of the elbow and distal end of the forearm, including:

- Distal humerus fractures (shown above)
- Supracondylar fractures
- Olecranon fractures
- Elbow dislocations

The Long Arm

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