

WHEN  
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PROBLEMS  
CREATE  
PROBLEMS

*Counseling  
for Survival*

ROZ KLEIN, M.S., LBC  
*and*  
THELMA R. MILLER

# When Your Problems Create Problems Counseling For Survival

**Patrick C. Walsh, Janet Farrar  
Worthington**



## **When Your Problems Create Problems Counseling For Survival:**

*When Your Problems Create Problems* Roz Klein, Thelma R. Miller, 1990-01-01      **Communicating with Cancer Patients and Their Families** Andrew Blitzer, 1990      Paperbound Books in Print ,1992      *Narrative Exposure Therapy (NET) For Survivors of Traumatic Stress* Maggie Schauer, Frank Neuner, Thomas Elbert, 2025-02-10

The new edition of the original Narrative Exposure Therapy manual is full of new and valuable information on how to use this effective short term culturally inclusive intervention with survivors of multiple and complex trauma. Written by the originators of narrative exposure therapy. Fully updated 3rd edition. Step by step guidance through NET. Extensive evidence shows that six to twelve sessions of Narrative Exposure Therapy NET can be sufficient to provide considerable relief from events such as organized violence, torture, war, rape, and childhood abuse. The new manual is even more clearly structured and easy to follow and includes new figures that help illustrate and guide the reader through the steps of NET. The theoretical sections offer a solid basis for carrying out the therapeutic intervention. The reader is then shown the NET approach step by step with robust and straightforward practical advice and tools including how to deal with challenging situations e.g. how to go deeper when faced with the challenging dynamics of remembering trauma and how to manage dissociation, avoidance, strong emotions, lost memories, or the sudden emergence of unexpected recollections from the past. NET therapy conversations and resulting narrations from trauma scenes demonstrate the level of Narrative Exposure details required. Finally, the importance of reading back the testimony to the individual is explained. A new section on the variations of NET details how to offer KIDNET for children and young people, FORNET for victims of trauma who are perpetrators of violence, NETfacts for communities and ElderNET for older adults, as well as online NET, eNET. Experienced therapists also get an idea of how NET is typically trained and how to facilitate NET exercises. Downloadable resources for use in clinical practice include handouts, examples of narrations, and a checklist for adverse life events. This book is an invaluable resource for clinical psychologists, psychotherapists, psychiatrists, counselors, crisis workers, social workers, health workers, and physicians.      American Book Publishing Record ,1990      *Whitaker's Book List* ,1991      Trauma Systems Therapy for Children and Teens Glenn N. Saxe, B. Heidi Ellis, Adam D. Brown, 2015-10-23

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How to Live with a Problem Drinker and Survive Gary G. Forrest, 1986 Advice directed to the husbands wives children and close friends of problem drinkers encourages these often overlooked victims to continue to develop and grow in their own lives despite the alcohol problems of a loved one

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