

Group Therapy



WHAT IS GROUP THERAPY?



Group psychotherapy is a treatment of psychological problem in which two or more patients/client interact with each other on both an emotional & cognitive levels in the presences of one or more psychotherapists who serve as catalysts (the person who can be related to or who can understand the other's point of view), facilitators or interpreters.

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HISTORY OF GROUP THERAPY



Techniques Of Group Psychotherapy

ML Yell



Techniques Of Group Psychotherapy:

Techniques Of Group Psychotherapy Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Techniques Of Group Psychotherapy**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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