

Self-Assessments and Checklists for Good Work Habits

I am ready to work.

Name: _____ Date: _____

| | | |
|---|--|-------------------------------------|
|  | I am listening and following instructions. | <input checked="" type="checkbox"/> |
|  | My materials are out and I am ready to learn. | <input checked="" type="checkbox"/> |
|  | My body is at a good energy level to get my work done. | <input checked="" type="checkbox"/> |
|  | I understand what I am supposed to be doing right now. | <input checked="" type="checkbox"/> |
|  | I am ready to do my best. | <input checked="" type="checkbox"/> |
|  | I am focused on the task or assignment. | <input checked="" type="checkbox"/> |
| Score out of 6 points | | <input type="checkbox" value="6"/> |

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