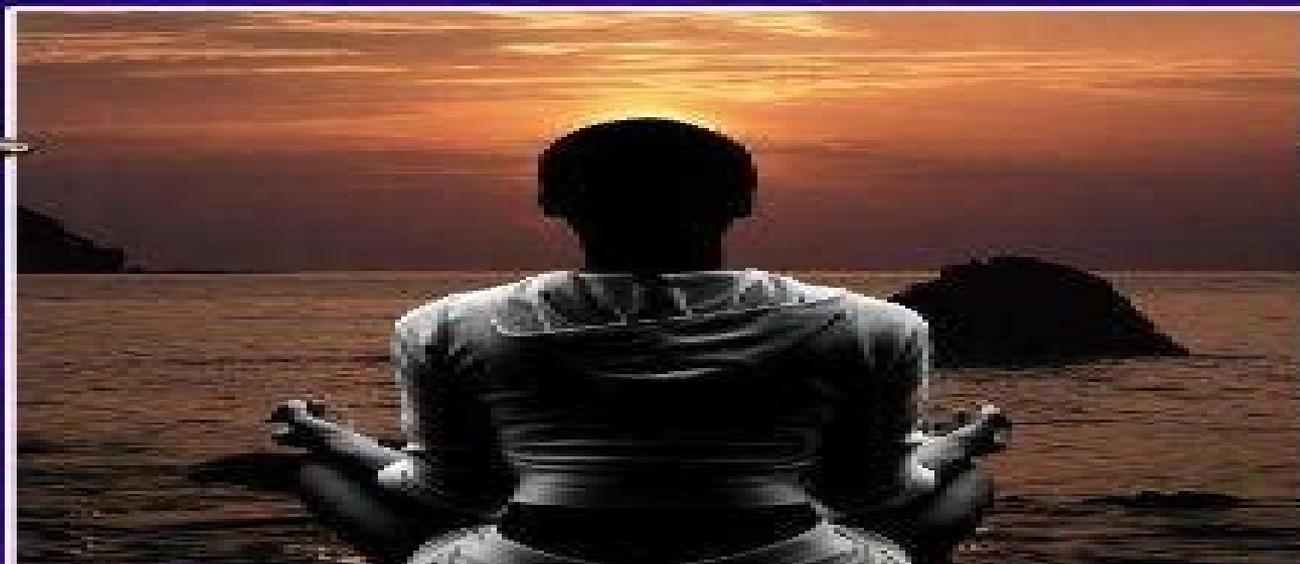


# THE YOGI SCIENCE OF BREATH

A COMPLETE MANUAL OF THE ANCIENT  
BREATHING PHILOSOPHY OF THE EAST



YOGI RAMACHARAKA

A Two-Volume Treatise, Revised Edition  
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# The Yogi Science Of Relaxation

**J Elliott**



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