

"This gives you a positive mental perspective and provides good focus for your mind—unconscious and conscious."—Phil Jackson, coach of the Chicago Bulls

THINKING BODY, DANCING MIND

TAOSPORTS
FOR
EXTRAORDINARY
PERFORMANCE IN
ATHLETICS,
BUSINESS, AND
LIFE

CHUNGLIANG AL HUANG AND JERRY LYNCH

AUTHOR OF EMBRACE TIGER, RETURN TO MOUNTAIN

AUTHOR OF LIVING BEYOND LIMITS

The Dancing Mind Format Audio

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