

R-VALUE INSULATION CHART

Insulation Material	R-Value Per Inch	Total R-Value	Air Sealing	Moist- Ure Resistance	Rscam- Inended Climate Zones
 Closed Cell Spray Foam	6.0-7.0	30 ¹	Yes		1-5
 Polyisocyanurate Board	5.6-8.0	38 ¹	Yes		1-4
 Extruded Polystyrene (XPS)	5.0	Yes	Yes		1-4
 Open Cell Spray Foam	3.5-3.9	Yes	Yes		1-4
 Open Cell Spray Foam	3.1-3.4	No	No		4-7
 Fiberglass Batts	2.9-3.8	No	No		3-7
 Fiberglass Blown	2.2-2.9	No	No		3-7
 Fiberglass Blown	2.2-2.9	18	No		3-7

¹ At typical installation thicknesses

Understanding R A

Shasha Hu



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