

We build partnerships and strive to make our advice and signposting accessible

Our therapeutic work is needs-led and person-centered



Providing wellbeing crisis sessions and a 24/7 text support line for those in need between counselling sessions

We involve young people in the decision making about further therapeutic work or signposting

Framework Self Help

Ian Pickup



Framework Self Help:

Defining the Mental Health Self-help Community Eric Reeves Hardiman, 2001 **Ethics of Care** Barnes, Marian, Brannelly, Tula, Lizzie Ward, Nicki Ward, 2015-10-28 Over the last twenty years research on feminist care ethics has flourished and this collection makes a unique contribution to that body of work Drawing on a wealth of practical experience across eight different disciplinary fields the international contributors demonstrate the significance of care ethics as a transformative way of thinking across diverse geographical political and interpersonal contexts From an analysis of global responsibilities to a reimagining of care from the perspective of people with learning disabilities each chapter highlights the necessity of thinking about the ethics of care within policies and practice **Contemporary Nursing Knowledge** Jacqueline Fawcett, Susan DeSanto-Madeya, 2012-11-27 The 3rd Edition of this AJN Book of the Year Award Winner helps you answer those questions with a unique approach to the scientific basis of nursing knowledge Using conceptual models grand theories and middle range theories as guidelines you will learn about the current state and future of nurse educators nurse researchers nurse administrators and practicing nurses Conceptual Nursing in Practice Mary Fraser, 2013-11-11 Since 1990 there has been considerable development in research in nursing practice which uses a model of nursing This is due to many reasons However the aims of this book remain the same as for the first edition to present the reader with current reports of studies in nursing practice which use a model of nursing as their base I will also criticize the research methods that the studies use to give the reader an indication of the credibility of the findings as well as commenting on the popularity of the model in different countries and cultures A development that is possible since the last edition is the ability to give some indication of why the model of nursing was used in other words what was the author's intention in studying nursing practice in depth with the use of a model This will give some indication of the implications of the author's work I will develop this point further in the Introduction to this edition Therefore this edition is not simply an updating of further studies published since 1990 Since the last edition there has also been some comment on the models that I included I am grateful to Margaret Clarke 1991 and others who have pointed out that Neuman's model should be included and there is therefore a chapter devoted to this in this edition Elements of Digital Transformation Shailesh Kumar Shivakumar, 2023-12-06 *Elements of Digital Transformation* is a practitioner's guide to the digital transformation process It is also a guide for managers in today's organizations that are accelerating digital transformation to modernize core technology capabilities and processes The book discusses such key components of digital transformation as processes principles and proven methods It also covers such novel concepts in digital transformation as the first time right framework incident management transformation digital factory cloud migration API first approach and legacy modernization Other highlights of the book include A cloud migration framework along with a cloud migration methodology rollout strategy and migration principles Principles and approaches for legacy modernization and process modernization Smart ticket management smart problem

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Functional Performance in Older Adults Bette R Bonder, Vanina Dal Bello-Haas, 2017-12-04 Support the very best health well being and quality of life for older adults Here s the ideal resource for rehabilitation professionals who are working with or preparing to work with older adults You ll find descriptions of the normal aging process discussions of how health and social factors can impede your clients ability to participate in regular activities and step by step guidance on how to develop strategies for maximizing their well being **Working with the Elderly** Irene Mortenson Burnside, 1986

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