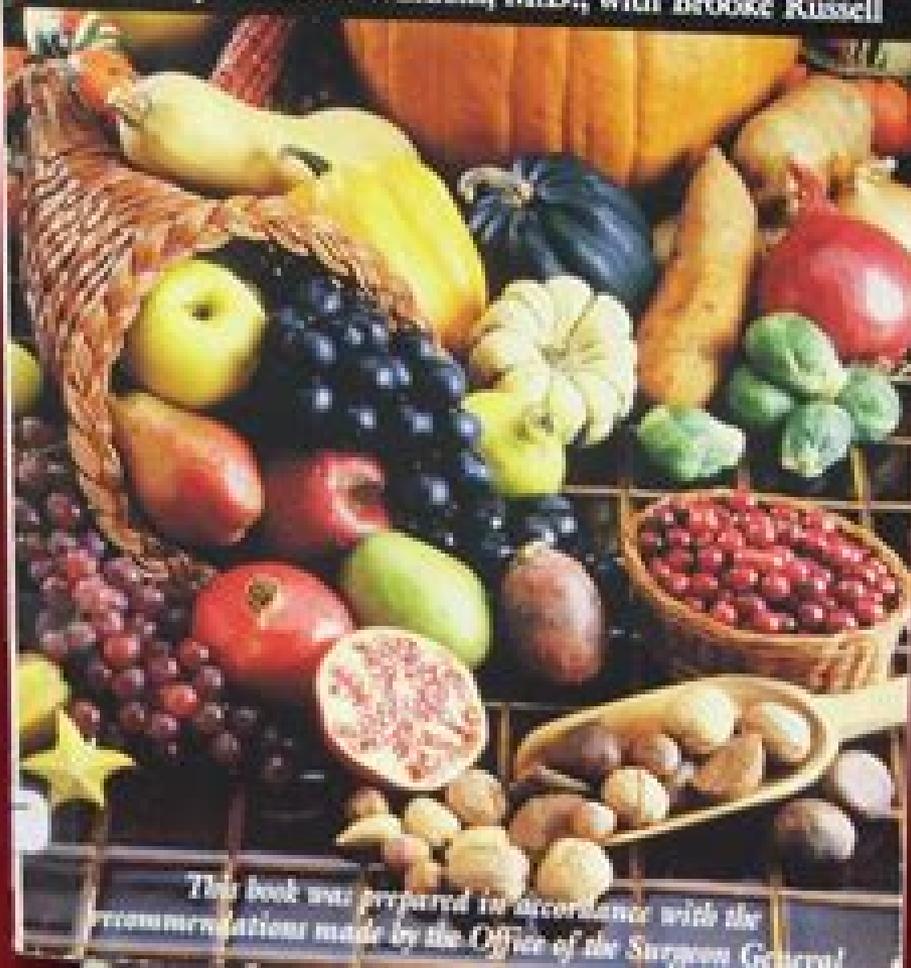


The Fruit and Vegetable Lovers' Guide to Implementing the Surgeon Generals' Diet

Written by Robert E. Windom, M.D., with Brooke Russell



*This book was prepared in accordance with the
recommendations made by the Office of the Surgeon General*

The Vegetable Lovers Guide

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