

# THE ROOT CAUSES OF ADDICTION



## TRAUMA

Many individuals who suffer from addiction have experienced trauma.



## MENTAL HEALTH

Studies show 50% of those who experience mental illness will also develop an addiction.



## GENETICS

About 50% of your risk for drug or alcohol addiction comes from your genetic makeup.

# What Causes Addiction

**Iowa Medical Society**



## What Causes Addiction:

**The Everything Health Guide to Addiction and Recovery** Linda L Simmons,2008-10-17 For the more than 27 million Americans currently battling an addiction recognizing the problem and seeking treatment is a tremendous challenge This guide helps addicts and their families understand the nature of the disease so they can get the help they need Because so many suffer from overlapping addictions this book addresses a wide range of addictions including alcohol prescription drugs food sex gambling shopping and smoking Learn how to identify symptoms and causes overcome social obstacles decide on the right treatment program avoid relapse and more With this book by their side addicts will come to understand themselves and how to treat their addiction so they can live happy healthy substance free lives Addictions Counseling Today Kevin G. Alderson,2019-11-14 Winner of the 2020 Canadian Counselling and Psychotherapy Association CCPA Counselling Book Award Enlightening and practical Addictions Counseling Today invites students into the heart of addictive thinking offering first person accounts of what it is like to experience different addictions The text covers the range of addictions from alcohol drug abuse and nicotine to various process addictions including sex internet gaming social media and gambling Also included are the various theories and models of addiction with a unique chapter on the neuroscience of addiction Focusing on the new DSM V classifications for addiction with an emphasis on CACREP and treatment this provocative contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction Online Resources Free PowerPoint slides with video for instructors are available with this text *Freedom from Addictions* Douglas A Quirk,Reg M Reynolds,2018-12-21 Freedom from Addictions is a psychological detective story It details a multi year search for the causes of underlying addictions and it describes the successful results of a successful treatment program based on the resultant understanding of what drives addictions **The Conditions Afflicting the Body, Mind and Soul of America** Victoria Sookoo,2025-09-19 The Conditions Afflicting the Mind Body and Soul of America examines ten of the most prevalent health conditions troubling the U S and the statistics surrounding their effect on the population healthcare system and the economy The book offers in depth information on each disorder s detail and structural elements and walks readers through each step of patient care from causes and symptoms to new treatments and prevention methods It concludes by delving into a hopeful future for health services with emerging health technologies such as virtual healthcare nanomedicine AI robotics genome sequencing and other innovations Dr Priede s publication is a detailed yet straightforward guide for practitioners patients and caregivers to live a well informed healthy life It is intended for the general public and the health industry to increase dialogue and awareness and promote solutions for the health challenges the U S will face in the future *Addictions* Maree Teesson,Wayne Hall,Heather Proudfoot,Louisa Degenhardt,2013-06-17 The first edition of Addictions established itself as a valuable resource for students and professionals alike This authoritative new edition builds on the success of the previous book incorporating advances in research and practice over the last ten years The book includes

material on the nature of addiction and who becomes addicted health consequences of alcohol and other drug dependence theories and causes of addiction The authors experts in the field also include new material on the controversy surrounding the possible positive effects of alcohol and cannabis use the increased risk of interpersonal violence and new research on theories of addiction Addictions will be essential reading for students professionals and researchers seeking state of the art information about this rapidly growing field *Alcoholism/Drug Addiction: A Disease Or Not!* Wax David Flowers,2010-04 This is absolutely a must read This book answers the many questions that we all have about addiction What causes so many problems in our societ How can we prevent our children and loved ones from experiencing this fate As one who has worked in the feild of drug addiction for so many years finally a book has been published that explains the addiction and the person

**The Enigma of Drug Addiction** Thorvald T. Brown,1961 Addicted? Matt Noffs,2018-06-01 This book is about addictions of all kinds Addictions to smartphones sex games social media gambling money but most of all to alcohol and drugs The words addict and addiction are loaded with baggage Not just in Australia but the world over addicts are considered to be sub human if not alien This book aims to reclaim their dignity It aims to rescue the word addiction from its kidnappers and restore its humanity It offers personal accounts from inspirational people who have found themselves in the grips of such addictions and their amazing stories of survival At the Ted Noffs Foundation Matt Noffs and Kieran Palmer spend their lives working with young people who have serious and often debilitating drug addictions This book shares the tools they use every day It offers insights into why addiction takes place and why it s a natural part of being human It journeys across the spectrum of addictive behaviors from social media to drugs like heroin It questions the assumptions and begins to debunk the myth that all addiction is identical and predictable Addiction is something that could affect any of us This is a book that everyone should read **The Heart of Addiction** Lance Dodes,2010-09-14 A revolutionary look at how addictions work and how people can master their own addictive behaviors Edward Hallowell MD In a field rife with misinformation this book represents a bright beacon of light I recommend it wholeheartedly The Psychoanalytic Quarterly Nobody has had an answer for why people with addictions continue to repeat them until now For more than twenty years distinguished psychiatrist Dr Lance Dodes has been successfully helping people master their addictions alcoholism compulsive gambling smoking sexual addiction and more with a radical approach Dr Dodes describes how all addictions have at their heart unrecognized emotional factors that explain Why we feel the impulse Why we feel it when we do What alternatives really work in that critical moment In this refreshing book filled with compelling case studies Dr Dodes debunks several such widely accepted myths as Addictions are fundamentally a physical problem People with addictions are different from other people You have to hit bottom before you can get well You are wasting your time if you ask why you have an addiction Destined to become a classic guide to understanding repetitive excessive and self destructive behavior patterns The illustrative cases are riveting entertaining and illuminating This book marks a revolution in self help In fact this book belongs

on the shelf of every treatment professional facing patients with addictive behaviors Howard J Shaffer PhD CAS Director  
Division of Addictions Harvard Medical School **The Addictions Handbook** Alvin Silverstein, Virginia B.

Silverstein, Robert A. Silverstein, 1991 Describes many different types of addictions their effects and treatments

Understanding and Counseling Persons with Alcohol, Drug, and Behavioral Addictions Howard John Clinebell, Howard  
Clinebell, 1998 1 who are alcoholics and drug addicted persons some working definitions 2 multiple causes of addiction  
multiple levels of prevention 3 understanding drug dependence 4 behavioral or process addictions understanding an  
dhelping 5 understanding and helping those at special risk of addiction 6 hwo religion helps low bottom alcoholics and drug  
addicts 7 alcoholics anonymous still our greatest resource 8 other paths to recovery and beyond 9 the psychosocial dynamics  
of religious approaches to alcoholism and other drug addictions 10 understanding ethical issues in addiction and recovery 11  
preparation for counseling alcoholics and other addicted persons 12 counseling for recovery and beyond motivating and  
beginning the process 13 counseling for recovery and beyond basic methods 14 counseling with families for recovery a  
systems approach to codependency 15 developing effective addiction treatment and prevention rpgorams a strategic  
opportunity for religious organizations *Breaking Addiction* Lance Dodes, 2011-03-01 Dr Dodes s approach runs directly  
counter to the paralyzing but standard message of powerlessness a message that reinforces the sense of helplessness that is  
at the root of addicts life predicaments Many psychiatrists recognize that this is where we must head but Dr Dodes is one  
with the guts to shine a beacon in the right direction Stanton Peele PhD author of 7 Tools to Beat Addiction and The Life  
Process Program of Treatment The follow up to his groundbreaking volume The Heart of Addiction Dr Lance Dodes s  
Breaking Addiction is a step by step guide to beating addiction of any kind from drugs and gambling to alcoholism overeating  
and sex addiction By recognizing and understanding the emotional forces underlying addictive behaviors Dr Dodes says any  
dangerous life destroying obsession can be overcome Including special bonus sections for both families and health care  
professionals Breaking Addiction is the new handbook for those suffering from addiction a valuable resource that addresses  
addiction s root causes and serves as an alternative to Alcoholics Anonymous and similar recovery programs *Addiction  
and Responsibility* Francis F. Seeburger, 1993 Is addiction a disease a behavior disorder a moral failing Is it genetic or  
learned What is it like to be addicted What are its roots and how can it be uprooted Anyone who has wrestled with such basic  
questions about addiction will find welcome answers in this groundbreaking philosophical inquiry into the addictive mind The  
author helps readers to understand addiction existentially as a fundamental way in which we can be Addiction argues the  
author bears witness to a basic human longing that no thing can satisfy It is a distortion of that longing one that misses its  
mark the original meaning of sin It leads to a complex process of dis own ment in which the addict strips himself of  
ownership over himself and his own life Genuine freedom from addiction ultimately requires practicing a radical form of  
detachment in which we allow ordinary experience to wash over us with the full force of its true extra ordinariness This

reverses the process of disownment and returns us to ourselves. In such detachment we are given back responsibility, the ability truly to respond to events rather than just reacting to them. This major work is addressed to all those who have ever had to face addiction, either in themselves or in those they love and who are still struggling to understand it. Mining both Western and Eastern sources, psychology and spirituality as well as philosophy, *Addiction and Responsibility* brings an important topic to a new level. BOOK JACKET Title Summary field provided by Blackwell North America Inc. All Rights Reserved.

**The British Journal of Inebriety (alcoholism and Drug Addiction)**, 1924. Contains papers read at the quarterly meetings of the society and extracts from the discussions following them, with other communications dealing with alcohol and alcoholism. *Journal of the Iowa State Medical Society*, Iowa Medical Society, 1922. *Pharmaceutical Journal*, 1924. **Chemist and Druggist**, 1926. **The Literary Digest**, 1919. *Addictions Counseling*, Dianne Doyle Pita, 1992. It is a wise, flexible, and open-minded guide that pulls together the contemporary knowledge about substance abuse into one source. Dr. William Van Ornum. *The Boston Medical and Surgical Journal*, 1904.

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