



CHICKEN-SOMETHING DUMPLINGS

What makes these magically delicious dumplings melt in your mouth? Well, here you will find the famed *Shanghae Dumpling* in *Pepper's Corn Cakes* in nearly every dumpling restaurant table across the land. Its hearty, white, sometimes butter with homemade

chicken dumplings in the context of comfort foods. There are countless versions on the list, with each dumpling household claiming to serve the finest. Our version from the thick and sticky *Shanghae* - a robust poultry stock base embellished with the taste of freshly picked veggies. These and parts of the dumplings with creamy dough.

How to Make

with a deep frying handle, cut a 1 inch round in diameter on each chicken thigh, and separate the chicken at one with salt and pepper. In a large bowl, mix one medium egg, beat it in teaspoon of the olive oil and seasoning. Arrange half the chicken skin side down in the skillet, cook, adjust the heat to medium and cook, undisturbed, until skin is browned, about 3 minutes. Turn the chicken over and continue to cook, undisturbed, until the second side is browned, about 3 minutes more, repeat the heat if it starts to smoke. Transfer the chicken to a large plate and put off the chicken. In the pan, add the oil and season. Brown the pot to medium-high heat and repeat with the remaining 1/2 teaspoon of the oil and the remaining chicken. Turn off and remove any chicken fat. Let the chicken cool for 2-3 minutes. When the chicken is cool enough to handle, remove and discard the skin.

They also use of the best butter. Cut the remaining three inch butter into 1 inch pieces to put about 1/2 cup.

Add the butter to the pot, return it to medium heat, and melt and heat to the pot to cook. Add the long sliced onion, bay leaves, thyme, and 1/2 teaspoon salt and cook, stirring constantly, until the onion are softened, about 3 minutes. Add the garlic and flour and continue to cook, stirring, about 1/2 minutes more. Add the dairy and bring to a simmer, stirring and scraping the pan bottom to loosen and dissolve and browned bits. Continue to simmer, stirring, until liquid is thickened and slightly reduced, about 1 minute more. Gradually add the broth, stirring vigorously to incorporate it smoothly. Add the chicken with its accumulated juices and return to a simmer. Adjust the heat to very low heat, and simmer gently until the chicken is cooked through and very tender, about 1 hour, turning the chicken pieces over after about 30 minutes. Transfer the chicken to a plate.

Ingredients

For the dumplings

2 cups 1/2 inch or chicken thigh
About 1/2 cup good quality
Butter salt and freshly ground black
pepper

1/2 teaspoon olive oil

1/2 teaspoon 1/2 inch butter

2 medium large (about 1/2 pound)
chicken and thigh pieces, skinned
boneless, breast and thigh

1/2 cup butter

1/2 teaspoon finely chopped fresh
thyme, or 1 teaspoon dried

1/2 cup medium garlic cloves, finely
chopped and minced

1/2 teaspoon of ground flour

1 cup boneless skinless

1 cup low sodium chicken broth

2 medium onions, peeled and
chopped into 1/2 inch slices

2 extra virgin olive oil and 1/2 cup
oil for 1 inch slices

1/2 cup dried leafy greens

The Three D Cookbook

Robert R. Redfield



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