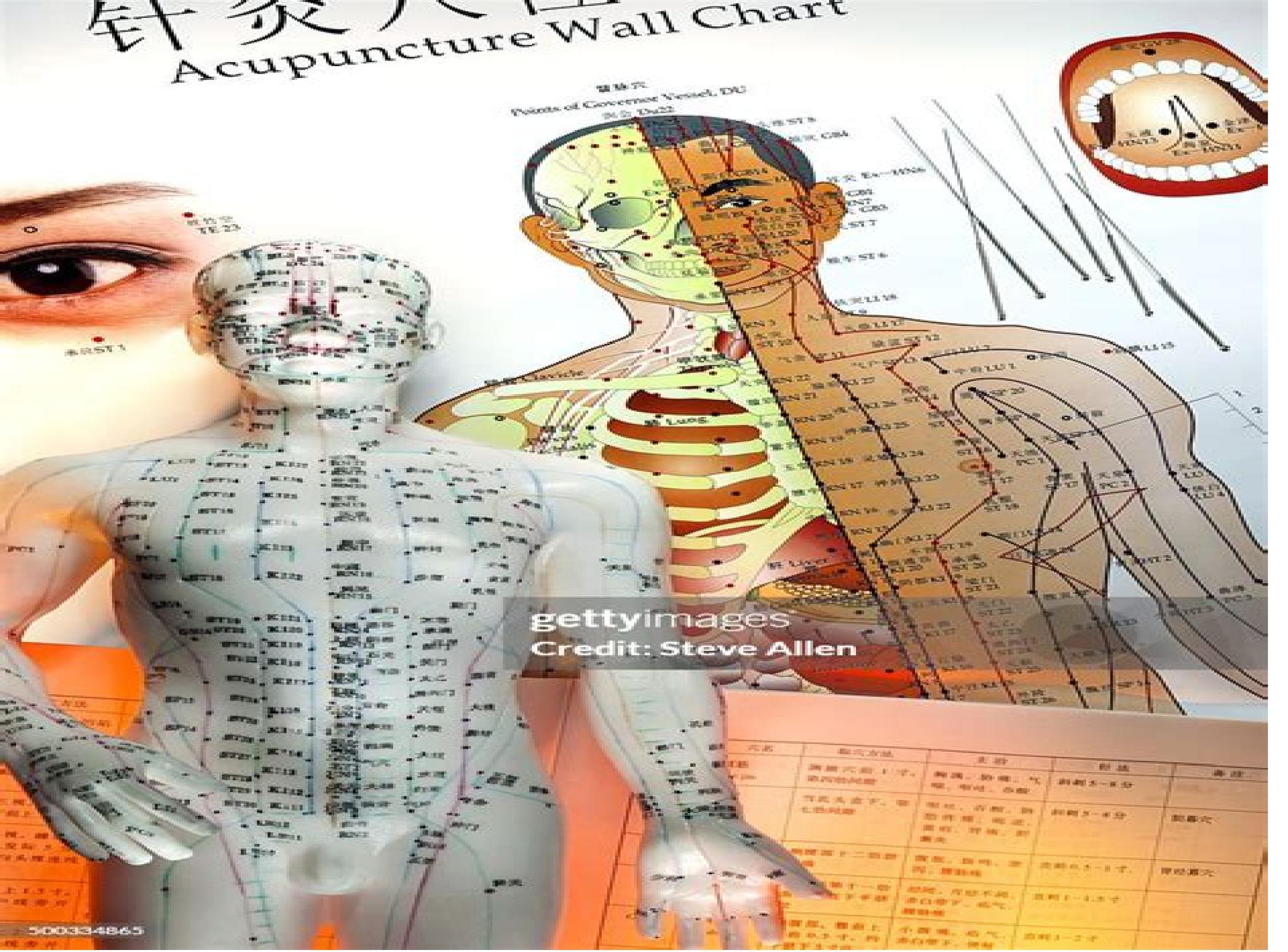


針灸人體圖 Acupuncture Wall Chart



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穴名	刺灸方法	主治	針法	備註
睛明	直刺深1寸， 灸3-5壯	眼疾、頭痛、氣 喘、喉痛、鼻痛	針刺1-2分	
迎香	直刺深0.5寸， 灸3-5壯	鼻塞、流涕、頭 痛、牙痛、鼻 淵、鼻痔、鼻 衄	針刺1-2分	鼻淵穴
鼻淵	直刺深1-2寸， 灸3-5壯	鼻塞、流涕、頭 痛、牙痛、鼻 淵、鼻痔、鼻 衄	針刺1-2寸	鼻淵穴
上迎香	直刺深0.5寸， 灸3-5壯	鼻塞、流涕、頭 痛、牙痛、鼻 淵、鼻痔、鼻 衄	針刺1-2分	
鼻通	直刺深0.5寸， 灸3-5壯	鼻塞、流涕、頭 痛、牙痛、鼻 淵、鼻痔、鼻 衄	針刺1-2分	

Traditional Chinese Acupuncture

**Stevenson Xutian, Dongyi Cao, John
Junion**

Traditional Chinese Acupuncture:

Traditional Chinese Medicine in the United States Emily S. Wu, 2013-06-06 Traditional Chinese medicine TCM originated from the traditional medical system in the Chinese civilization with influences from the Daoist and Chinese folk traditions in bodily cultivation and longevity techniques In the past few decades TCM has become one of the leading alternative medical systems in the United States This book demonstrates the fluidity of a medical ideological system with a rich history of methodological development and internal theoretical conflicts continuing to transform in our postmodern world where people and ideas transcend geographic ethnic and linguistic limitations The unique historical trajectories and cultural dynamics of the American society are critical nutrients for the localization of TCM while the constant traffic of travelers and immigrants foster the globalizing tendency of TCM The practitioners in this book represent an incredible range of clinical applications personal styles theoretical rationalizations and business models What really unifies all these practitioners is not their specific practices but the goal of these practices The shared goal is to strive for health not just health in terms of the lack of illness but the ultimate health of achieving perfect balance in every aspect of the being of a person physically mentally spiritually and energetically *The Acupuncture Handbook* Angela Hicks, 2011-10-13

Acupuncture is one of the most popular and widely accepted complementary therapies available to the general public And yet many of us know little about it what it can be used for and how it works This book explains What it feels like to have treatment How acupuncture works How acupuncture helps to balance your energy and strengthen your immune system How it can successfully treat a wide variety of ailments from panic attacks to hot flushes asthma joint pains and the common cold Which of the Five Element types you are and how this relates to your health How acupuncture can be used safely and effectively to treat pregnant women children and animals How to find the right practitioner Self help information and questionnaires are also included to enable you to discover more about your diagnosis [Explorations of Traditional Chinese Medicine](#) Stevenson Xutian, Dongyi Cao, John Junion, 2023-09-22 This is the first book to use modern scientific principles and Eastern intelligence methodologies to explore the essence of Traditional Chinese Medicine TCM theory TCM embodies profound wisdom with scientific system theory and predictive advantages and can be understood through quantum mechanics applied beyond three dimensional space The integration of body mind and consciousness is a fundamental aspect of TCM studies which explore the basic principle of human life science HLS COVID 19 has dramatically changed the world's health situation a situation in which TCM could play a vital role through the holistic support and recovery of affected patients in a unique way through enhanced mutual understanding CWM and TCM have a profound opportunity to leverage their respective strengths positively shifting the future of human health This book will appeal to a broad range of readers including specialists scientists doctors medical teachers and students and patients It illuminates how TCM lights the way for the brightest future for our precious health *Traditional Chinese Medicine* Yuqun Liao, 2011-08-25 An illustrated introduction

to the history and theory of traditional Chinese medicine exploring diagnostic methods and techniques such as acupuncture

Optimal Healing Patricia Tsang,2008-09 Reflecting training and experience in both Eastern and Western medicine this reference uses a scientific perspective to shed light on the teaching and practices of traditional Chinese medicine TCM In addition the resource compares TCM to conventional Western approaches and shows the optimal way to integrate the two disciplines

Diagnostics of Traditional Chinese Medicine Zhu Bing,Wang Hongcai,2010 The principles and practice of diagnostics are key to administering effective treatment in traditional Chinese medicine The ability to recognise and diagnose symptoms and complaints correctly is fundamental to deciding on appropriate remedies and this book provides a comprehensive introduction to all the principles that students and practitioners need to know The authors outline the key methods used in diagnosis and describe the eight basic categories of ailment and disease yin and yang exterior and interior cold and heat and deficiency and excess They provide detailed instructions on how to identify and rebalance the relative strengths of pathogens and Qi in the body and how to differentiate between syndromes that might look the same using traditional Chinese medicine methods The book concludes with useful forms for completion in taking a diagnosis Combining practical instruction with detailed theory this authoritative textbook compiled by the China Beijing International Acupuncture Training Center CBIATC under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai is an excellent reference for students and practitioners at all levels

Traditional Chinese Medicine Cupping Therapy - E-Book Ilkay Z. Chirali,2014-06-27 This new edition explores and describes techniques of cupping in the context of TCM theory It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions and looks closely at issues of safety expectation and theoretical principles of action This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain stress management and cupping therapy and sports medicine A dedicated website complements the text with video clips showing the eleven methods of cupping therapy Explains cupping therapy clearly allowing the practitioner immediate access to a set of skills for everyday application Well illustrated to support the guidelines discussed in the text Includes website containing video clips showing 11 methods of cupping therapy plus picture gallery of more than 150 colour photographs Gives practical guidelines on the use of cupping in helping to treat more than 30 common conditions Looks closely at issues of safety expectation and theoretical principles of action Text clarified and updated throughout with an expanded artwork program and improved layout and design New chapters by specialist contributors cover Cupping s Folk Heritage Buddhist Medicine and Thai Lanna Medicine New chapter on Cosmetic Cupping Techniques New section addressing Frequently Asked Questions An expanded discussion about the benefits of cupping therapy including the treatment of new pathological conditions including myofascial pain Includes new evidence based research on the effects of cupping therapy including a systematic review

Ancient Chinese Medical Texts On Acupuncture For Western Readers Muhammad Wolfgang G. A. Schmidt,2016-05 The Suwen and the

Lingshu form part of the Yellow Emperor s Classic of Internal Medicine with the Nanjing as a separate work complementing this classic These texts are the first known texts on Chinese acupuncture with an age of over 2000 years Regarded as ancient authoritative texts they are still held in high esteem by today s Chinese and Western acupuncturists and are mandatory texts of study in the training of Western and Chinese acupuncture physicians Western readers naturally face tremendous difficulties in accessing these original texts because of the language and cultural gap between their contemporary Western cultural background and ancient Chinese culture This edition of the Chinese texts therefore includes simplified and traditional Chinese character versions of the texts that will enable the reader to study text versions in simplified characters published on the Chinese Mainland as well as those in traditional character versions published outside the Chinese Mainland in Taiwan or Hongkong Complete Latin transcription in Hanyu Pinyin has been added to the Chinese character versions for all the texts so that the reader does not need to spend much time in looking up unknown Chinese characters in the texts A comprehensive Chinese English character and word glossary generated and compiled from the Chinese text corpus in this book is appended at the end of the book for easy reference by Western readers

Traditional Chinese Medicine Paul U. Unschuld,2018-01-09 A leading authority explains the ideas and practice of Chinese medicine from its beginnings in antiquity to today Paul U Unschuld describes medicine s close connection with culture and politics throughout Chinese history He brings together texts techniques and worldviews to understand changing Chinese attitudes toward healing and the significance of traditional Chinese medicine in both China and the Western world Unschuld reveals the emergence of a Chinese medical tradition built around a new understanding of the human being considering beliefs in the influence of cosmology numerology and the supernatural on the health of the living He describes the variety of therapeutic approaches in Chinese culture the history of pharmacology and techniques such as acupuncture and the global exchange of medical knowledge Insights are offered into the twentieth century decline of traditional medicine as military defeats caused reformers and revolutionaries to import medical knowledge as part of the construction of a new China Unschuld also recounts the reception of traditional Chinese medicine in the West since the 1970s where it is often considered an alternative to Western medicine at the same time as China seeks to incorporate elements of its medical traditions into a scientific framework This concise and compelling introduction to medical thought and history suggests that Chinese medicine is also a guide to Chinese civilization

Practical Therapeutics of Traditional Chinese Medicine Yan Wu,Warren Fischer,1997 The authors look at TCM treatments for a wide range of common gangrene depressions palpitations many more Material is structured in such a way as to be easily accessed in clinical situations

Essence Of Traditional Chinese Medicine Wenjun Zhu,Yuan Lin,Sim Kim Cheng,2018-08-13 The ancient art of Chinese medicine is known throughout the world for its unique methods of diagnosis and treatment To many its image is that of an esoteric art Essence of Traditional Chinese Medicine provides a comprehensive and in depth coverage of traditional Chinese medicine TCM Topics ranging from theories practical

experience and traditional material to modern technology offer a good foundation for understanding TCM Diagrams and illustrations enhancing understanding of the text The practical aspect is made relevant and applicable stories of famous physicians are put across in a lively manner All these make this book an easy and informative read This book illustrates in an easy to understand format its fundamental concepts and history *Voices of Qi* Alex Holland,2000-01-27 We are in the middle of a cultural revolution in the health care industry Nearly eight thousand people practice Traditional Chinese Medicine in the US and thirty five states currently offer some form of legal status for its practice Many people are seeking alternatives to the Western medical approach to health care To these seekers *Voices of Qi* is an invaluable aid in exploring what Traditional Chinese Medicine has to offer Alex Holland has done an admirable job of presenting the basic tenets and practices to this ancient tradition in a clear concise and accessible manner *Essential Texts in Chinese Medicine* Richard Bertschinger,2014-12-21 This translation of the essential texts from the Huangdi Neijing the ancient and definitive set of books on Chinese medicine selects the key writings of vital importance to students and practitioners of acupuncture and traditional Chinese medicine today Bertschinger's commentary reveals the meaning of these difficult to interpret texts

The Essential Book of Traditional Chinese Medicine Yanchi Liu,Kathleen Vian,Peter Eckman,1988 Complete with descriptions of the seven traditional theories herbal medicine and the principles of modifying and composing everyday prescriptions this text is part of a two volume set that illustrates the relationship between medicine of the East and West

The Treatment of Pain with Chinese Herbs and Acupuncture E-Book Peilin Sun,2010-09-08 This new edition of *The Treatment of Pain with Chinese Herbs and Acupuncture* gives a thorough and analytical review of the diagnosis and treatment options for pain using acupuncture with Chinese herbal medicine Based on the clinical experience of the author and supported by that of acupuncturists in Chinese universities it offers a comprehensive and detailed set of treatments for a wide variety of pain symptoms and conditions and includes detailed modifications of the treatments to aid clinical practice Although pain syndromes are often complicated involving both psychological and physical difficulties resulting in sometimes hesitation in deciding a correct treatment there are still some short cut ways to achieve a successful result Therefore the essential intentions of the authors are very clear To demonstrate the practitioners how to differentiate the clinical situations and how to establish the corresponding treatments To illustrate how to apply Chinese herbs logically and how to consist an acupuncture prescription reasonably and effectively Features Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional Chinese Medicine Clear discussion of the principles of treatment acupuncture point selection and combination Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions Deals comprehensively with the commonest clinical presenting symptoms Provides treatment plans and modifications to these plans offering more options for the practitioner Includes detailed and useful case histories New to this edition New chapter on treatment of pain in children Separate sections for the gynecologic conditions Includes Western

named conditions Red Flags for practitioners to indicate situations which are potentially life threatening or dangerous Suggested treatments now include acupuncture as well as herbal treatments Following on from each treatment a prognosis is now provided Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional Chinese Medicine Clear discussion of the principles of treatment acupuncture point selection and combination Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions Deals comprehensively with the commonest clinical presenting symptoms Provides treatment plans and modifications to these plans offering more options for the practitioner Includes detailed and useful case histories New chapter on treatment of pain in children Separate sections for the gynecologic conditions Includes Western named conditions Red Flags for practitioners to indicate situations which are potentially life threatening or dangerous Suggested treatments now include acupuncture as well as herbal treatments Following on from each treatment a prognosis is now provided

Current Research in Acupuncture Ying Xia, Guanghong Ding, Gen-Cheng Wu, 2012-08-09 Written by over 60 scientists and clinicians from the United States mainland China Germany Australia Japan Sweden Portugal and Hong Kong Current Research in Acupuncture discusses recent advances in acupuncture research in a modern scientific language The first 5 chapters investigate the basic mechanisms of acupuncture Later chapters explore topics including acupuncture treatment and potential mechanisms for epilepsy Parkinson's diseases neurodegenerative disorders such as Alzheimer's disease vascular cognitive impairment aging anxiety polycystic ovary syndrome pain nerve root cervical spondylosis stroke inflammation myocardial ischemia and other cardiovascular diseases Following the translational and clinical discussions 4 chapters present new prospects for acupuncture theories and applications The final chapter comments on the pitfalls and problems of the previous studies and suggests direction for future research towards in depth understanding of acupuncture along with better application of acupuncture in modern medicine Each chapter is written by one or more experts in the field This unique book provides a broad perspective on the principles of acupuncture for acupuncture researchers and neuroscientists The laboratory and clinical investigations of various acupoints and optimal conditions provide unique clues to acupuncturists for improved clinical efficacy For a medical student this book is a modern course in ancient Traditional Chinese Medicine especially acupuncture Ying Xia the chief editor is Professor and Vice Chairman of the Department of Neurosurgery at The University of Texas Medical School in Houston Texas USA Guanghong Ding is Professor in the Department of Mechanics and Engineering Science at Fudan University and Director of Shanghai Research Center for Acupuncture and Meridians Shanghai China Gen Cheng Wu is Professor of Neurobiology Chairman Department of Integrative Medicine and Neurobiology Director Institute of Acupuncture Research and Director WHO Collaborating Center for Traditional Medicine at Shanghai Medical College of Fudan University Shanghai China

A Guide to Chinese Medicine on the Internet Ka Wai Fan, 2008-10-30 A Guide to Chinese Medicine on the Internet frees readers from having to sift through countless websites to find up to date high quality reliable information on all

types of Chinese medicine This handy resource provides an introduction to the terms and philosophies of Chinese medicine in addition to an extensive categorized listing of online sites related to Chinese culture and medicine complete with a brief description of each site s content Guidelines are provided for searching cataloging and evaluating websites concerned with Chinese medicine based on the author s research and personal experience as a practitioner and user of Chinese medicines

E-Book An Introduction to Western Medical Acupuncture Adrian White, Mike Cummings, Jacqueline Filshie, 2008-11-24 This book is a clear and practical introductory guide to the practice of medical acupuncture It describes the Western medical approach to the use of acupuncture as a therapy following orthodox diagnosis The text covers issues of safety different approaches to acupuncture basic point information clinical issues and the application of acupuncture in clinical conditions especially in the treatment of pain A practical guide to the principles and clinical practice of medical acupuncture A clear guide to the neurophysiological principles which underlie medical approaches to acupuncture A basic explanation of the different styles of medical acupuncture treatment Allows the reader to accrue the practical knowledge necessary before beginning to work with medical acupuncture

Traditional Chinese Medicine James D Adams, Eric J Lien, 2013-02-21 Traditional Chinese medicine has a strong scientific basis but the science of these important preparations is often rarely discussed Western approaches often simplify traditional Chinese medicine to drug discovery in Chinese plants however the majority of traditional Chinese medications use complex mixtures of plant extracts rather than single purified drugs The combination of different extracts is based on yin yang and chi theories which are often poorly understood in the West Yin and yang are known to be the balance of agonists and antagonists whereas chi derives from signalling processes in the body and regulates bodily functions Traditional Chinese medical practitioners understand that yin yang and chi constantly interact in the body to maintain health Western medical practitioners understand how to use agonists and antagonists and how to modify signalling processes but generally do not accept the use of complex plant extracts to perform these functions Aimed at medical scientists and including detailed explanations of the theories behind the science this text may help researchers to understand Chinese medical practitioners and to communicate more effectively with them It will also lead to greater acceptance of traditional medications in the West Presenting a clear rationale for the use of traditional Chinese medications in Western medical facilities it enables scientists to find new directions in experimental design and encourage examination of these useful but often poorly understood preparations in clinical trials

Study Guide for Traditional Chinese Medicine and Acupuncture Students Henry C Lu, 2014-09-05 Now that you have made your decision to become a doctor of traditional Chinese medicine and acupuncture which is why you have chosen to enroll in a college of that nature To insure that you have made a wise decision I have prepared a detailed study guide which will not only help you undertake your journey through the entire program smoothly but also to prepare you for any licensing examination in traditional Chinese medicine and acupuncture anywhere in the Western world In order to benefit from this

study guide to the utmost two things you should do First of all the questions are listed under different courses you should study the questions under each course you are taking to make sure that you have done your homework in the second place when you have difficulty in finding answers to the questions you should take advantage of your class time to ask your instructors for assistance and also discuss those questions with your classmates to benefit from classroom interaction 100 Foundation of TCM 101 Traditional Chinese Medicine Diagnostics 102 Chinese Herbology 103 Chinese Acupuncture 1 105 Chinese Manipulative Therapy 109 Surface Anatomy Acupuncture Points 110 History of Traditional Chinese Medicine 203 Chinese Acupuncture 2 204 Chinese Herbal Formulas 212 Techniques of Acupuncture and Moxibustion 300 Chinese Acupuncture 3 302 Traditional Chinese Medicine Classics 1 313 Chinese Acupuncture 4 315 Orthopedics and Traumatic Injuries in TCM 412 Traditional Chinese Medicine Internal Medicine 413 Traditional Chinese Medicine Gynecology 414 Traditional Chinese Medicine Dermatology and External Diseases 418 Diseases of Five Senses and Children s Diseases in Traditional Chinese Medicine 420 Traditional Chinese Medicine Food Cures 501 Modern Clinical Research in TCM and Herbal Pharmacology 502 Complimentary Traditional Chinese Medicine Treatment Modalities 503 Traditional Chinese Medicine Gerontology 504 Traditional Chinese Medicine Psychology and Preventive Medicines 505 Selected Readings from Acupuncture Classics 513 Traditional Chinese Medicine Classics 2 Answers to and

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