

A sunset over a beach with waves crashing on the shore. The sky is a mix of orange, yellow, and blue, and the water is dark blue with white foam from the waves. The beach is a light brown color.

**AS THE NIGHT GETS DARK,  
LET YOUR WORRIES FADE.  
SLEEP PEACEFULLY  
KNOWING YOU'VE DONE ALL  
YOU CAN DO FOR TODAY.**

- Roald Dahl

# Sleep Is For Everyone

**Padhraic Smyth**



## **Sleep Is For Everyone:**

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