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Understanding Hrt And Menopause

**Patrizia Giannoni, Silvia Fossati, Sylvie
Claeyssen, Elena Marcello**

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Women's experiences and understandings of menopause , **The Science of Menopause** Philippa Kaye,2024-10-15

The Science of Menopause is an informative practical and engaging guide to understanding what happens to women's health from your 40s onward. As we understand more each day about what hormone changes mean for women's long-term health, there is an urgent need for an evidence-based book that helps women understand what is happening to them so that they can make informed decisions. Should you take HRT? How common is early menopause? What causes brain fog? Can herbal supplements help? Menopause is not just about hot flashes and it isn't something to sail through or pretend it isn't happening. Featuring the latest research and backed up by informative infographics and illustrations, The Science of Menopause tells you everything you need to know about menopause: the symptoms to watch out for and the treatments that may be able to help.

Understanding Factors Associated with Intention to Use Hormone Replacement Therapy Among Thai

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Annals of the Academy of Medicine, Singapore Academy of Medicine (Singapore),2003 Knowledge of Hormone Replacement Therapy's Risk & Benefits, Its Cardioprotective Properties and the Likelihood to Use Hormone Replacement Therapy Veta A. Ruck,1996

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