

# UNDERSTANDING ARTHRITIS

## Osteoarthritis (OA)

- Most common type of arthritis.
- Primarily affects cartilage, the tissue that cushions the ends of bones within the joints.
- May initially affect joints asymmetrically.
- Affects mostly mid-weight-bearing joints.
- Can cause joint pain and stiffness.
- Usually develops slowly over many years.

○ = joints most commonly affected



## Rheumatoid Arthritis (RA)

- Causes redness, warmth, and swelling of joints.
- Usually affects the same joints on both sides of the body.
- Often causes a general feeling of sickness, fatigue, weight loss, and fever.
- May develop nodules, white nodules or growths.
- Most often begins between ages 30 and 50.

○ = joints most commonly affected

## Other Arthritic Diseases

They occur on the same side of the body or all throughout the body. They are usually caused by autoimmune disease. Other types of arthritis include:

### Gonorrheal Arthritis

- Usually develops first in the joints throughout the body that support and move the lower extremities.
- Often affects the shoulder, elbow, wrist, and hand joints.
- Often affects the joints of the upper extremities.
- Often affects the joints of the lower extremities.

### Gout

It usually starts in the joints of the lower extremities on one side of the body.

### Psoriatic Arthritis

It usually starts in the joints of the lower extremities on one side of the body.

### Spondyloarthritis

It usually starts in the joints of the lower extremities on one side of the body.

### Rheitis

It usually starts in the joints of the lower extremities on one side of the body.

### Spondylitis

It usually starts in the joints of the lower extremities on one side of the body.

## Common Symptoms of Arthritis

- Swelling in one or more joints.
- Pain or stiffness in one or more joints.
- Redness and warmth in one or more joints.
- Difficulty moving one or more joints.
- Fatigue and weakness in one or more joints.
- A low-grade fever in one or more joints.
- A low-grade fever in one or more joints.



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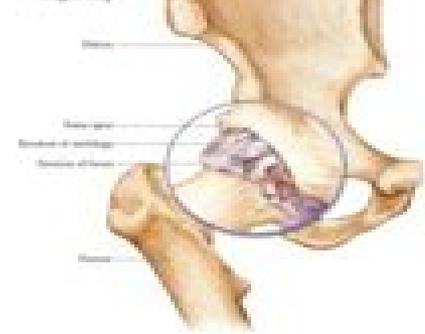
## Joints Affected by Osteoarthritis (OA)



## Joints Affected by Rheumatoid Arthritis (RA)



## Right Hip



## Left Hip



## Right Knee



## Left Knee



# Understanding Arthritis

**S Ashworth**



## **Understanding Arthritis:**

## Decoding **Understanding Arthritis**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Understanding Arthritis**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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