

AUTOPSY OF A
SUICIDAL



MIND

EDWIN S. SHNEIDMAN

With a foreword by Judy Collins

Suicidal Mind

Annelies Wilder-Smith



Suicidal Mind:

The Suicidal Mind Edwin S. Shneidman, 1998 Presenting cases recounted in the patients own words that reveal the inner workings of the suicidal mind Shneidman looks at suicide from a psychological perspective He offers a wealth of insights to help understand and to prevent suicide

Phenomenology of Suicide Maurizio Pompili, 2017-10-10 This book will help the reader to understand the suicidal mind from a phenomenological point of view shedding light on the feelings of suicidal individuals and also those of clinicians In accordance with the importance that the phenomenological approach attaches to subjectivity and sense of self as the starting points for knowledge emphasis is placed on the need for the clinician to focus on the subjective experiences of the at risk individual to set aside prior assumptions judgments or interpretations and to identify ways of bridging gaps in communication associated with negative emotions The vital importance of empathy is stressed drawing attention to the insights offered by neuroimaging studies and the role of mirror neurons in social cognition It is widely acknowledged that when a clinician meets a person who wants to die by suicide the clinician does not fully understand what is going on inside the mind of that individual This book recognizes that any approach to suicide prevention must promote understanding of suicidal thoughts and feelings The awareness that it fosters and the innovative perspectives that it presents will appeal to a wide readership

How Not to Kill Yourself Clancy Martin, 2023-03-28 FINALIST FOR THE KIRKUS PRIZE FOR NONFICTION ONE OF TIME S 100 MUST READ BOOKS OF THE YEAR ONE OF THE NEW YORK TIMES BOOK REVIEW S CRITICS PICKS ONE OF THE BOSTON GLOBE S 55 BOOKS WE LOVED THIS YEAR ONE OF KIRKUS S BEST NONFICTION BOOKS OF THE YEAR An intimate insightful at times even humorous blend of memoir and philosophy that examines why the thought of death is so compulsive for some while demonstrating that there s always another solution from the acclaimed writer and philosophy professor based on his viral essay I m Still Here A deep meditation that searches through Martin s past looking for answers about why he is the way he is while also examining the role suicide has played in our culture for centuries how it has evolved and how philosophers have examined it Esquire A rock for people who ve been troubled by suicidal ideation or have someone in their lives who is The New York Times If you re going to write a book about suicide you have to be willing to say the true things the scary things the humiliating things Because everybody who is being honest with themselves knows at least a little bit about the subject If you lie or if you fudge the reader will know The last time Clancy Martin tried to kill himself was in his basement with a dog leash It was one of over ten attempts throughout the course of his life But he didn t die and like many who consider taking their own lives he hid the attempt from his wife family coworkers and students slipping back into his daily life with a hoarse voice a raw neck and series of vague explanations In *How Not to Kill Yourself* Martin chronicles his multiple suicide attempts in an intimate depiction of the mindset of someone obsessed with self destruction He argues that for the vast majority of suicides an attempt does not just come out of the blue nor is it merely a violent reaction to a particular crisis or failure but is the culmination of a host of long

standing issues He also looks at the thinking of a number of great writers who have attempted suicide and detailed their experiences such as David Foster Wallace Yiyun Li Akutagawa Nelly Arcan and others at what the history of philosophy has to say both for and against suicide and at the experiences of those who have reached out to him across the years to share their own struggles The result combines memoir with critical inquiry to powerfully give voice to what for many has long been incomprehensible while showing those presently grappling with suicidal thoughts that they are not alone and that the desire to kill oneself like other self destructive desires is almost always temporary and avoidable

Why Suicide Is Amoral

Robyn Gaier,2024-06-25 Moral evaluations of actions are only appropriate for actions within the moral domain Actions outside of the moral domain are amoral actions In *Why Suicide Is Amoral A Philosophical Account* Robyn Gaier emphasizes the role of agency in determining whether an action is within the moral domain If an agent lacks either deliberative agency or moral agency then their action is amoral An agent lacks deliberative agency if they cannot evaluate and act upon reasons and moral agency if they cannot act upon moral reasons Actions in which such agencies are compromised are also amoral actions In treating actions of suicide while granting their diversity this book traces them to the loss or threat of loss of basic psychological needs Gaier argues that when basic psychological needs are lost or under threat an agent's deliberative agency moral agency or both are either lacking or compromised Hence actions of suicide are amoral and it is a conceptual mistake to attempt the moral evaluation of actions of suicide Furthermore when we regard actions of suicide as within the moral domain we perpetuate a social stigma against suicide

Suicide David Lester Ph.D.,James R. Rogers,2013-10-29

Intended for the general reader this masterful compilation probes the psychology of suicide revealing the latest research and spotlighting global efforts to reduce the million suicide deaths each year Exceeding previously available studies in both scope and depth the two volume *Suicide A Global Issue* explores and explains both why suicides and suicide attempts occur and what can be done to prevent them The first volume *Understanding* considers factors that may play into the choice to take one's life discussing forces as varied as culture psychology religion and biology The second volume *Prevention* covers steps that can be taken to prevent suicide whether individually or by society as a whole Articles by widely respected experts consider questions such as why people kill themselves why some countries have extremely high suicide rates and whether the treatment of suicidal individuals actually prevents them from taking their lives Each chapter presents incidents research and actions from nations around the globe as well as from the United States

New Directions in Psychiatry Maurizio Pompili,Roger McIntyre,Andrea Fiorillo,Norman Sartorius,2020-06-08

This book focuses on hot issues faced by clinicians in everyday clinical practice and provides in depth analyses of both met and unmet needs in the management of psychiatric disorders It has been repeatedly shown that the needs of patients relatives the community at large and those of the governmental bodies only partially overlap For instance patients in their families are more concerned about quality of life treatment autonomy and independent living whereas governmental stakeholders are typically more concerned about relapse prevention and reduction

of hospitalizations As such a volume bridging the gap between theoretical notions and practical understanding of patients untreated aspects of their psychiatric disorders is much needed Instead of focusing on traditional descriptions of psychopathology and diagnostic criteria the volume guides readers to core problems for each topic taking into account new approaches in the classification of mental disorders as proposed by DSM 5 It elaborates on much debated controversial problems such as the assessment and treatment of psychomotor agitation and non adherence to treatment that impacts on the psychiatric context With its unique approach this volume appeals to anyone with an interest in the field including researchers clinicians and trainees

Relating to Self-Harm and Suicide Stephen Briggs,Alessandra Lemma,William Crouch,2026-03-17 Relating to Self Harm and Suicide presents original studies and research from contemporary psychoanalysts psychotherapists and academics focusing on the psychoanalytic understanding of suicide and self harm and how this can be applied to clinical work and policy This book suggests that suicide and self harm must be understood as having meaning within interpersonal and intrapsychic relationships offering a new and more hopeful approach to prevention and recovery Divided into three sections this revised edition includes a theoretical overview and conceptual framework psychoanalytic practice with self harming and suicidal patients and applications of psychoanalytic thinking to suicide and self harm prevention Enriched with detailed examples illustrating this approach in a range of settings and with different groups and populations this book offers an international perspective and contemporary understanding of psychoanalytic approaches to working with suicidal and self harming people This book will be helpful to psychoanalytic psychotherapists psychoanalysts and other mental health professionals wanting to integrate psychoanalytic ideas into their work with self harming and suicidal people It will also be useful to academics teachers researchers and policymakers involved in suicide prevention

Suicide Risk Assessment and Prevention Maurizio Pompili,2022-12-19 This book explores suicide prevention perspectives from around the world considering both professionals points of view as well as first person accounts from suicidal individuals Scholars around the globe have puzzled over what makes a person suicidal and what is in the minds of those individuals who die by suicide Most often the focus is not on the motives for suicide nor on the phenomenology of this act but on what is found from small cohorts of suicidal individuals This book offers a tentative synthesis of a complex phenomenon and sheds some light on models of suicide that are less frequently encountered in the literature Written by international experts it makes a valuable contribution to the field of suicidology that appeals to a wide readership from mental health professionals to researchers in suicidology and students

Autopsy of a Suicidal Mind Edwin S. Shneidman,2004-02-26 Autopsy of a Suicidal Mind is a uniquely intensive psychological analysis of a suicidal mind In this poignant scientific study Edwin S Shneidman a founder of the field of suicidology assembles an extraordinary cast of eight renowned experts to analyze the suicidal materials including a ten page suicide note given to him by a distraught mother looking for insights into her son s tragic death The psychological autopsy centers on the interviews conducted by Shneidman with Arthur s mother father

brother sister best friend ex wife girlfriend psychotherapist and attending physician To gain some understanding of this man's intense psychological pain and to examine what may have been done to save his tortured life Shneidman approached the top suicide experts in the country to analyze the note and interviews Morton Silverman Robert E Litman Jerome Motto Norman L Farberow John T Maltzberger Ronald Maris David Rudd and Avery D Weisman Each of the eight experts offers a unique perspective on Arthur's tragic fate and the sum of their conclusions constitutes an extraordinary psychological autopsy This book is the first of its kind and a remarkable contribution to the study of suicide Mental health professionals students of human nature and persons whose lives have been touched by this merciless topic will be mesmerized and enlightened by this unique volume An epistemological tour de force it will speak to anyone who is concerned with human self destruction

Reports from Commissioners Great Britain. Parliament. House of Commons,1871 **The Northwestern Reporter** ,1918 Parliamentary Papers Great Britain. Parliament. House of Commons,1874 **Cry of Pain** J. Mark G. Williams,Mark Williams,2014-07-03 Suicide presents a real and often tragic puzzle for the family and friends of someone who has committed or attempted suicide Why did they do it How could they do this Why did they not see there was help available For therapists and clinicians who want to help those who are vulnerable and their families there are also puzzles that often seem unsolvable What is it that causes someone to end his or her own life or to harm themselves is it down to a person's temperament the biology of their genes or to social conditions What provides the best clue to a suicidal person's thoughts and behaviour Each type of explanation seen in isolation has its drawbacks so we need to see how they may fit together to give a more complete picture Cry of Pain examines the evidence from a social psychological and biological perspective to see if there are common features that might shed light on suicide Informative and sympathetically written it is essential reading for therapists and mental health professionals as well as those struggling with suicidal feelings their families and friends

Reports of the Directors of Convict Prisons on the Discipline and Management of Pentonville, Millbank, and Parkhurst Prisons, and of Portland, Portsmouth, Dartmoor, Chatham, Brixton, and Woking Prisons for Male Convicts ... Also the Convict Establishments at Gibraltar, in Western Australia, Tasmania, and New South Wales for the Year 1873 Great Britain. Directors of convict prisons,1874 **Reports ... on the Discipline and Management of Pentonville, Parkhurst, and Millbank Prisons** ,1883 **Lawyers' Reports Annotated** ,1916 **The Adolescent** Sidney Isaac Schwab,Borden Smith Veeder,1929 *Cognition and Suicide* Thomas E. Ellis,2006 Although substantial resources have been expended on suicide research and prevention suicide science remains in its infancy This book brings together an impressive cast to bridge the gap between cognitive research and cognitive behavioral practice relating to suicide **Reports of cases in the Supreme Court of Nebraska** ,1919 **The Lawyers' Reports Annotated** ,1916

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