

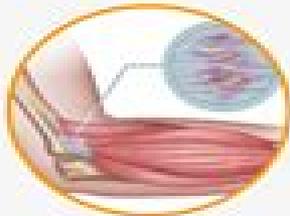
COMMON SPORTS INJURIES



Sprains and Strains



ACL Tear



Tennis Elbow



Fractures

Without timely and proper treatment, sports injuries can hinder your progress significantly, no matter what your level of participation is.



Sporting Injuries A Trainers Guide

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