

SPINAL NERVES FUNCTION

AND THE EFFECTS OF NERVE INTERFERENCE

	NERVE	INNERVATION	ASSOCIATED SYMPTOMS
CERVICAL SPINE	C1	Intracranial blood vessels	Headaches • Migraine
	C2	Eyes • Lacrimal gland	Dizziness • Vertigo • Tinnitus
	C3	Inner, middle & outer ear	Depression • Sinus problems
	C4	Parotid gland • Sinuses	Allergies • Fatigue • Asthma
	C5	Scalp • Base of skull	Difficulty breathing • Vision problems
	C6	Neck muscles • Diaphragm	Runny nose • Sore throat • Cough
	C7	Shoulders • Elbows • Arms	Croup • Stiff neck • Arm pain
THORACIC SPINE		Wrists • Hands • Fingers	Hand & finger numbness or tingling
		Esophagus • Thyroid	Thyroid dysfunction • Heart conditions
		Heart • Lungs • Chest	High/low blood pressure
	T1		
	T2	Arms • Esophagus • Heart	Wrist, hand & finger numbness / pain
	T3	Lungs • Chest	Middle back pain • Congestion
	T4	Larynx • Trachea	Difficulty breathing • Asthma
	T5		Abnormal blood pressure
	T6	Gallbladder • Liver	Heart conditions
	T7	Diaphragm • Stomach	Bronchitis • Pneumonia
	T8	Pancreas • Spleen • Kidneys	Gallbladder conditions
	T9	Small intestines • Appendix	Jaundice • Liver conditions
T10		Hormonal imbalance	
T11	Small intestines • Colon	Lowered immunity	
T12	Uterus • Buttocks	Stomach problems	
LUMBAR SPINE			Ulcers • Gastritis • Kidney problems
	L1	Large intestines	
	L2	Colon	Low back pain • Sciatica
	L3	Buttocks	Pain or numbness in lower limbs
	L4	Groin	Constipation • Colitis • Diarrhea
	L5	Reproductive organs	Gas pain • Irritable bowel
	Thighs • Knees	Bladder problems	
	Legs • Feet	Menstrual problems	
SACRUM			Fertility difficulty
	S1	Buttocks	
	S2	Legs • Ankles	Lower back pain
	S3	Feet • Toes	Pain or numbness in lower limbs
	S4	Reproductive organs	Constipation • Diarrhea
COCCYX	S5	Bladder	Menstrual dysfunction
		Prostate gland	Bladder dysfunction
			Sexual dysfunction

"The nervous system controls and coordinates all organs and structures of the human body."

Spinal Nerves

JA Banks



Spinal Nerves:

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