



the taste of silence

how i came
to be at home
with
myself

Bieke Vandekerckhove

Taste Of Silence

Joan F. Marques



Taste Of Silence:

The Taste of Silence Bieke Vandekerckhove,2015-08-11 At nineteen Bieke Vandekerckhove fell ill The diagnosis was devastating the fatal motor neuron disease ALS Life expectancy two to five years So what did she do with the paltry bit of life that was left By force of circumstance she was led to Saint Lioba Convent in Egmond Binnen There she learned Benedictine spirituality and to pray the psalms which influenced her life for good Three years later she learned that her illness had gone into remission but that it could flare up again at any time She has been living with ALS for twenty years now She is married and has two assistants to help her as necessary Ten years ago she found the silence of Zen This encounter also proved decisive The Taste of Silence reflects what she experienced saw and tasted in the stillness of life Benedictine spirituality and Zen Buddhism became the two lungs through which I breathe *Praying Naked* J. Francis SJ. Stroud,2005-09-20 In his books *Awareness* and *The Way to Love* among others the internationally acclaimed spiritual guide Anthony de Mello presented an approach to spirituality that integrated the ancient traditions of the East with the psychological and philosophical perspectives of the West Twenty years after his death de Mello s books continue to attract readers and his work remains a powerful influence on contemporary spiritual thought and practices J Francis Stroud S J who helped de Mello with his hugely successful lectures seminars and books has dedicated himself to keeping de Mello s teachings alive through the de Mello Spirituality Center at Fordham University In *Praying Naked* Father Stroud draws on his peerless understanding of de Mello s works to help readers keep their lives on track and navigate their own spiritual journeys In clear simple language he explains how to master de Mello s approach to meditation and shows that meditating for even as little as three minutes a day can resolve the problems caused by difficult life conditions and guide us on the quest for spiritual happiness self discovery and self awareness

The World Exists to Set Us Free Larry Rosenberg, Madeline Drexler,2025-08-26 Down to earth wisdom on how to live a life of authenticity and spiritual integrity from one of the West s most respected teachers of vipassana meditation How does dharma wisdom show up in our lives every day This collection of teachings by the beloved Insight Meditation teacher Larry Rosenberg offers clear down to earth guidance on learning how to live a life informed by Buddhism through questioning reflective observation and self understanding Rosenberg is known for presenting the essence of the Buddhism in a way that is unvarnished utterly accessible and that resonates with a wide audience Here he unpacks with his signature engaging and iconoclastic style such topics as meditation silence use of the breath self knowing working with strong emotions intimacy illness and grief among others There are few teachers who so epitomize the idea of spiritual friend in the way that Larry Rosenberg does His teachings give a clear sense that dharma is very much a part of everyday life This book is also informed by what Rosenberg considers his deeper and more immediate understanding of dharma that has come in recent years a period marked in his own life by illness and disability and in the life of the planet by a deadly pandemic war an existential climate crisis and pervasive technological distraction An introductory essay written by journalist

and author Madeline Drexler serves as a spiritual biography of Rosenberg presenting his reflections on more than half a century of dedicated dharma practice and instruction This essay illuminates what for Rosenberg were profound turning points and moments of realization his long apprenticeships with foundational figures in twentieth century Buddhism including Ajahn Chah Thich Nhat Hanh Seung Sahn and Ajahn Buddhadasa as well as Indian philosopher Jiddu Krishnamurti

Composer ,1977 From Unconsciousness to Consciousness Osho,2023-09-16 After one thousand three hundred and fifteen days of silence it feels as if I am coming to you from a totally different world In fact it is so The world of words language concepts and the world of silence are so diametrically opposite to each other they don t meet anywhere They can t meet by their very nature Silence means a state of wordlessness and to speak now it is as if to learn language again from ABC But this is not a new experience for me it has happened before too Empower the Leader in You! Joan F. Marques,2004-12 Joan Marques has personified making a difference and establishing change throughout her personal and professional life After a successful media career in South America she reinvented herself by moving to California and embarking on a journey of education enhancement and knowledge sharing Dr Marques facilitates various university courses in Business Leadership and Management and writes for audiences around the globe Empower the Leader in You is a compilation of 37 articles that are focused on enhancing the reader s awareness in the skills necessary to achieve excellence in leadership whether it pertains to self leadership or guidance of others The book is conveniently divided in 4 sections Leadership as a Phenomenon Working on Your Inner Qualities Polishing Your Leadership Mirror and Involving Your Environment As this book focuses mainly on improving one s individual leadership skills the emphasis is mainly placed on the second and third section Realizing the fast pace in which most people have to go through life and the little time they have for reading all articles are independent from each other while at the same time short and sweet so that one can read this book in intervals without losing track of its essence *American Photography* ,1930 Developing Connections Judith Dupras Stanford,1995 **Each Moment Is the Universe** Dainin Katagiri,2008-12-02 A Japanese master offers a Zen perspective on the nature of time and being further exploring the concepts of impermanence living in the present moment and more It s easy to regard time as a commodity we even speak of saving or spending it We often regard it as an enemy when we feel it slipping away before we re ready for time to be up The Zen view of time is radically different than that time is not something separate from our life rather our life is time Understand this says Dainin Katagiri Roshi and you can live fully and freely right where you are in each moment Katagiri bases his teaching on Being Time a text by the most famous of all Zen masters Eihei Dogen 1200 1253 to show that time is a creative dynamic process that continuously produces the universe and everything in it and that to understand this is to discover a gateway to freedom from the dissatisfactions of everyday life He guides us in contemplating impermanence the present moment and the ungraspable nature of past and future He discusses time as part of our inner being made manifest through constant change in ourselves and our surroundings And these ideas are by no

means metaphysical abstractions they can be directly perceived by any of us through meditation *A Concordance to the Poems of Robert Browning* Leslie Nathan Broughton, Benjamin Franklin Stelter, 1925 *The Frame of Art* David Marshall, 2005-11-23 Marshall asks what it means for these authors to view the world through the frame of art Edge-tools of Speech, Selected and Arranged.... Maturin Murray Ballou, 1899 *The Shakespearean Enigma and an Elizabethan Mania* John F. Forbis, 1924 *The Works of Kathleen Norris* Kathleen Thompson Norris, 1920 *A Morbid Taste for Bones* Ellis Peters, 1978 The attempts by English Benedictine monks to transfer to their monastery the sacred bones of an obscure Welsh saint are hindered by strange visitations and the murder of a Welsh villager The Californian , 1880 **The Simplest Way** Madhukar, H. W. L. Poonja, 2006 A relaxed and short road to peace of mind uncomplicated by the intellect and personal history This renowned German teacher advocates deconstructing the tyrants called feelings and the egocentered programming of many lifetimes Frank Leslie's Popular Monthly Frank Leslie, 1887 **The Bookman** , 1906 *the story of julia page* Kathleen Norris, 1915

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