



Original Research

Differences in the influence of tobacco smoking on lung cancer between Japan and the USA: possible explanations for the 'smoking paradox' in Japan

Ippei Takahashi^a, Masashi Matsuzaka^a, Takashi Umeda^a,
Kiyonori Yamai^a, Miya Nishimura^a, Kazuma Danjo^{a,b},
Terumi Kogawa^{a,c}, Kumiko Saito^c, Maki Sato^a, Shigeyuki Nakaji^{a,*}

^aDepartment of Social Medicine, Hirosaki University Graduate School of Medicine, Zaifu-cho 5, Hirosaki, 036-8562 Aomori, Japan

^bDepartment of Gastroenterology and Hematology, Hirosaki University Graduate School of Medicine, Zaifu-cho 5, Hirosaki, 036-8562 Aomori, Japan

^cDepartment of Nursing, Hirosaki University Graduate School of Health Sciences, Honcho 66-1, Hirosaki, 036-8564, Aomori, Japan

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KEYWORDS

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Japanese smoking
paradox;
Tobacco;
Smoking

Summary Objectives: The prevalence of cigarette smoking among Japanese men has been consistently high compared with males in Western countries over the past 30 years. However, during the same period, the incidence and mortality rates for lung cancer have been consistently lower in Japan than in Western countries, which has been termed the 'Japanese smoking paradox'. The odds ratio/relative risk of cigarette smoking for lung cancer mortality and incidence for the same number of cigarettes smoked per capita in Japan have been lower than those in Western countries. This difference in the odds ratio/relative risk is likely to be the main reason for the Japanese smoking paradox. The aim of this study was to clarify the reason for the difference in the odds ratio/relative risk between Japan and the USA. **Study design:** Literature review to compare environmental, hereditary and other factors that may be related to lung cancer in Japan and the USA.

Results and conclusions: The main factors likely to have brought about the difference in the odds ratio/relative risk between Japan and the USA (and perhaps other Western countries as well) are: lower alcohol consumption by Japanese males;

*Corresponding author. Tel.: +81 172 39 5041; fax: +81 172 39 5038.

E-mail address: nakaji@cc.hirosaki-u.ac.jp (S. Nakaji).

Smoking Paradox

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