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AFTER

HOW TO LOSE FAT AND BE
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Weight Loss Guide

Susan McQuillan, Edward J. Saltzman



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The Woman's Day Guide to Lasting Weight Loss Kathy Keenan Isoldi,2007

The Doctor's Guide to Weight Loss Surgery Louis Flancbaum,Louis J. Flancbaum,Erica Manfred,Deborah Flancbaum,Deborah Biskin,2001 One of the world s foremost experts on weight loss surgery takes you through the entire process from presurgical evaluation to postop care Includes a section of what to do if your insurance policy excludes obesity treatment how to determine when you can resume normal activities and return to work healthful recipes patient success stories and more

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