

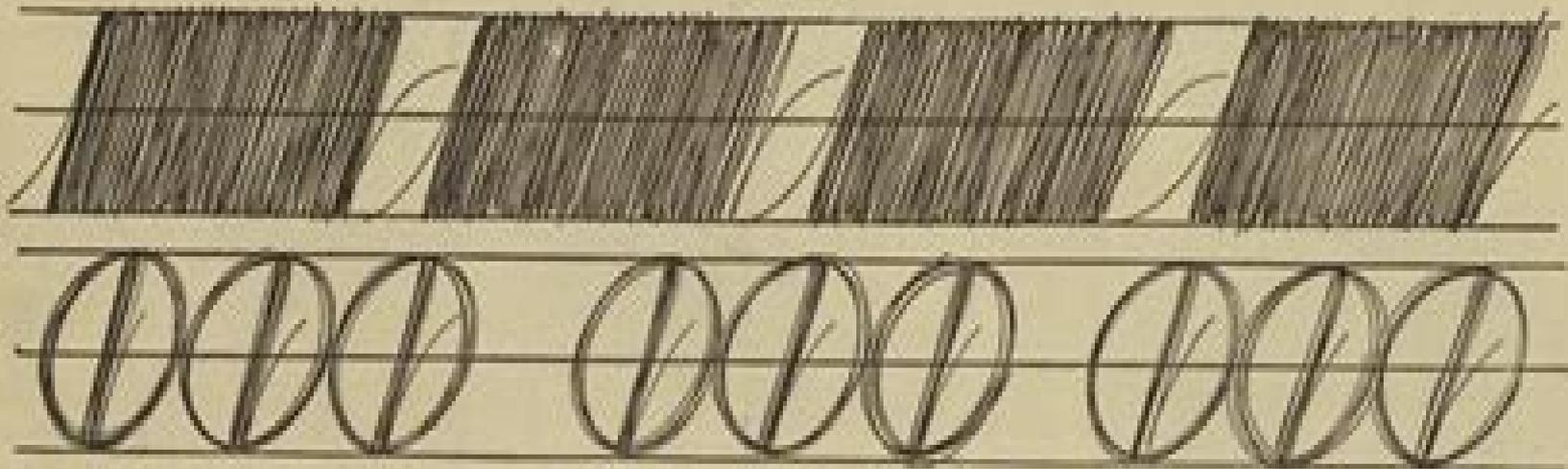
It is not Palmer Method if the lines are tremulous. Study instructions for speed requirements

LESSON 4

Now the serious work of using and applying the correct movement begins. Before attempting to make any part of drill one, review lessons one, two, and three, and give the closest possible attention to position,

muscular relaxation, and penholding. Don't practice before you know how. With the left hand, move the paper to the left three times at equal intervals, in the progress of the pen across it.

Drill 1



Letting the distance between the two ruled lines, three-eighths of an inch apart, represent one space in height, any part of this drill should be two spaces high. Look at these drills until you have a good mental picture of the height, proportions, and general appearance.

In connection with the straight line part of the drill, study closely diagrams twenty-six and twenty-seven on page eighteen. There is no value in this straight line exercise unless practiced with a forward and backward motion, from and toward the center of the body, with the paper held in the correct position.

If you cannot make the several parts of drill one high enough at first with pure muscular movement, practice without touching the pen to the paper until you have developed more muscular freedom.

In the second line of drill one, the traced oval should first contain six,

and later, as a lighter movement is developed, ten revolutions. In this drill it will be well to make first the straight line on the correct slant, and then the oval enclosing it. This order may be changed frequently and the ovals made first. This is an important drill as it has a very specific bearing upon slant.

To the Teacher: It may be profitable for third, fourth, and fifth year pupils to spend the practice periods of one week in studying and practicing the two movement drills given in this lesson, reviewing each day everything that has gone before. Pupils in the sixth, seventh, and eighth years, and in high schools classes should be able to progress more rapidly. It is not safe to say how rapidly, as that depends upon the knowledge of the teacher, the mental caliber of the pupils, their interest in the work, the length of the daily lessons, and the amount of the right kind of outside practicing that pupils do.

The Palmer Method

Austin Norman Palmer



The Palmer Method:

The Palmer Method of Business Writing A. N. Palmer, 2023-11-21 In *The Palmer Method of Business Writing* A N Palmer presents a comprehensive guide to efficient and effective business communication underscoring the importance of clarity and professionalism in the written word The book is characterized by its innovative pedagogical approach blending clear systematic instructions with practical exercises Set against a backdrop of early 20th century business practices Palmer s work reflects the growing recognition of written communication as a vital component of professional success reinforcing the transition to more structured and standardized writing techniques A N Palmer an influential figure in the field of business education draws upon his extensive experience as a teacher and business consultant to craft this manual His background in developing writing curricula within the educational system illuminates his understanding of both theoretical and practical aspects of business writing Palmer s insights are shaped by his view that effective communication is foundational for both individual and organizational success addressing the challenges faced by professionals in an evolving business landscape This book is highly recommended for anyone seeking to enhance their professional writing skills from students to seasoned professionals Palmer s methodical approach and practical exercises provide invaluable tools that can transform one s business writing into a powerful means of communication Engage with this seminal work to refine your skills and increase your effectiveness in the business world In this enriched edition we have carefully created added value for your reading experience A succinct Introduction situates the work s timeless appeal and themes The Synopsis outlines the central plot highlighting key developments without spoiling critical twists A detailed Historical Context immerses you in the era s events and influences that shaped the writing A thorough Analysis dissects symbols motifs and character arcs to unearth underlying meanings Reflection questions prompt you to engage personally with the work s messages connecting them to modern life Hand picked Memorable Quotes shine a spotlight on moments of literary brilliance Interactive footnotes clarify unusual references historical allusions and archaic phrases for an effortless more informed read

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