
DR. LOU ARONNE'S "Getting Healthy" Plan

Weigh Less, Live Longer

As seen on
**DATeline,
GOOD MORNING
AMERICA,
and
TODAY**

**YOUR PROVEN PLAN FOR
PERMANENT WEIGHT CONTROL**



LOUIS J. ARONNE, M.D., with FRED GRAVER

Weigh Less Live Longer

Wolfgang Guggemos



Weigh Less Live Longer:

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