

# LEARN TO PRIORITISE LIKE A PRO

By **Chris Donnelly** <https://www.chris-donnelly.co.uk>

## FOR LEADERS Warren Buffett's 5/25 Rule



1. Write down 25 goals you want to achieve.
2. Circle your top 5.
3. Never think about the other 20 again.

Or they'll take time away from the 5 that truly matter to you.

## FOR TEAMS Impact/Effort Matrix



## FOR INDIVIDUALS Ivy Lee Method

①

At the end of your work day, list 6 things you want to get done the next day.

②

Order them from the most to the least important.

③

The next day, focus on only the top task. Don't do any others until it's finished.

④

Move on to the rest of the items one by one. At day's end repeat the process.

## FOR EVERYONE Focus Funnel



## TOOLS:



**Trello**

Trello: Visualise tasks with boards and cards.



**asana**

Asana: Assign and prioritise tasks with ease.



**todoist**

Todoist: Manage tasks across devices.



**wrike**

Wrike: Collaborate and track progress effectively.



Microsoft TO DO: Integrate with Microsoft 365 for task management.



**Notion**

Notion: Customise your workspace for notes and tasks.

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# Pro Self Help

**Elsy Hurt**



## Pro Self Help:

**The HUMAN Bible: The Neutral Bible** Rex Supreme,2012-10-01 The brand new self help book that is the ultimate in being pro human the ultimate in humanism with the new subject theme of Be good be neutral but don t be bad With brand new How To Be subject lessons Supreme Super Power The Secret Ultimate Power The Most Powerful New Human Subject Lessons For Greatness Fame Fortune And Power Created By And Given By John Rosario Rex Supreme p 374 Super Human How To Become A Super Human Being Become The Super Human Version Of Yourself p 538 Human God How To Become Your Own God A Self God p 558 Human God How To Be A Human God A Demi God p 566 Billionaire How To Become A Billionaire Become Billionaire Rich Famous Powerful p 586 THAT S RIGHT LEARN HOW TO BECOME A BILLIONAIRE It s humankind reformed perfected and made superior to its previous regular self

**Nursing Sensitive Outcomes** Joan Almost,2003 This text is an invaluable resource for nurse researchers scholars and health care professionals committed to effective quality nursing care as evidenced by nursing sensitive outcomes measurement The authors provide a comprehensive review of literature specific to outcomes measurement for self care symptom control pain adverse occurrences and patient satisfaction

**Evidence-Based Cancer Care and Prevention** Charles W. Given, PhD,Barbara Given, RN, PhD, FAAN,Sharon Kozachik, MSN, RN, MS,Danielle Nicole DeVoss, PhD,2003-03-01 The goal of behavioral oncology is to understand and explain the role and impact of behaviors at all phases in the cancer trajectory from prevention and detection to diagnosis and early treatment to survivorship recurrence and or death Each chapter includes summaries of recent research on cancer related behavioral interventions discussions of the studies summarized and suggestions for future research The book is a product of collaboration among members of the Behavioral Cooperative Oncology Group of the Mary Margaret Walther Program for Cancer Care Research at the Walther Cancer Institute in Indianapolis Indiana

Reauthorization of the Higher Education Act and Related Measures United States. Congress. House. Committee on Education and Labor. Subcommittee on Postsecondary Education,1979

**Transactions** Missouri State Medical Association,1890

**California State Government: The independent agencies, 1850-1939** Elsey Hurt,1937

**The U. S. Monthly Magazine** ,1882

Roman Law Examination Guide Joseph Alexander Shearwood,1910

**The World's Work** ,1915 A history of our time

Gai Institutiones Gaius,1925

*The Lancet* ,1891

**Senate documents** ,1893

**Suffolk County Farm and Home Bureau News** ,1927

Hôpital Dans Le Monde ,1969

**A History of English Law** Sir William Searle Holdsworth,1909

**The Economic Journal** ,1892 Contains papers that appeal to a broad and global readership in all fields of economics

**Industrial Safety Cooperation** Inland Steel Company,1918

**Minutes of the General Association of the Congregational Churches of Michigan** Congregational Churches of Michigan. General Association,1887

*Where the Words Are Valid* Randy Malamud,1994-12-30 Treats Eliot s seven plays as central to the understanding of the rest of his work and points out numerous literary and personal sources of Eliot s modernist sensibility

**Parliamentary Papers** Great Britain. Parliament. House of Commons, 1901

The book delves into Pro Self Help. Pro Self Help is a crucial topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Pro Self Help, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Pro Self Help
- Chapter 2: Essential Elements of Pro Self Help
- Chapter 3: Pro Self Help in Everyday Life
- Chapter 4: Pro Self Help in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Pro Self Help. This chapter will explore what Pro Self Help is, why Pro Self Help is vital, and how to effectively learn about Pro Self Help.

3. In chapter 2, the author will delve into the foundational concepts of Pro Self Help. The second chapter will elucidate the essential principles that need to be understood to grasp Pro Self Help in its entirety.

4. In chapter 3, the author will examine the practical applications of Pro Self Help in daily life. This chapter will showcase real-world examples of how Pro Self Help can be effectively utilized in everyday scenarios.

5. In chapter 4, this book will scrutinize the relevance of Pro Self Help in specific contexts. This chapter will explore how Pro Self Help is applied in specialized fields, such as education, business, and technology.

6. In chapter 5, this book will draw a conclusion about Pro Self Help. The final chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Pro Self Help.

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