

# Understanding Statin Intensity

Statins are a class of medications used to lower high cholesterol and reduce the risk of heart attack and stroke. Statin doses are often categorized as low, moderate, and high intensity. Your cholesterol goals, medical conditions, and other factors may determine which statin is right for you.



## HIGH-INTENSITY

lower LDL by more than 50%

Rosuvastatin 20-40 mg  
Atorvastatin 40-80 mg



## MODERATE-INTENSITY

lower LDL by 30% - 49%

Rosuvastatin 5-10 mg  
Atorvastatin 10-20 mg  
Simvastatin 20-40 mg  
Lovastatin 40-80 mg  
Pravastatin 40-80 mg  
Pitavastatin 1-4 mg  
Fluvastatin XL 80  
Fluvastatin 40 mg (twice daily)



## LOW-INTENSITY

lower LDL by less than 30%

Simvastatin 10 mg  
Lovastatin 20 mg  
Pravastatin 10-20 mg  
Fluvastatin 20-40 mg

# Statins Understanding Clinical Use

**EW Minium**



## **Statins Understanding Clinical Use:**

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Statins Understanding Clinical Use** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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