



# NUTRITION SUPPORT CALCULATION TUTORIAL

## Calculating PN Provision based on Stock Solutions

Repeat formulae 100 ml of 20% dextrose, 200 ml of 20%  
Calculate total energy and volume

Have grams protein, need to calculate

- Dextrose = 100g
- Lipids = 25g
- Protein = 10g

### SCENARIO

40-year-old male,  
admitted with acute  
pancreatitis &  
pneumonia

Needs Assessed:  
1800 kcal = 90 g protein

#### Anthropometrics

- Actual weight 75 kg
- Height 67 inches
- Partners advised both values
- 50 kcal
- 10 kcal
- 1000 kcal



200g dextrose x 1000g / 1000 ml = 200g / 1000 ml = 0.2g

- Lipid Infusion Rate:

40 g lipid / 75 kg / 24 hrs = 0.208 g/kg/d

## Nutrition Assessment Calculations & Conversions

Pounds to kg - divide by 2.2

154  
300  
150 lbs = 68 kg

## PN Practice Calculation Scenario



<https://nutritionstudysupport.com>

# Tutorial Nutrition Guide

**Educators Progress Service**

A decorative graphic consisting of a semi-circle with a red-to-white gradient, positioned to the right of the 'Educators Progress Service' text.

## **Tutorial Nutrition Guide:**

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