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# The Worry Cure

SEVEN STEPS

*to*

STOP WORRY

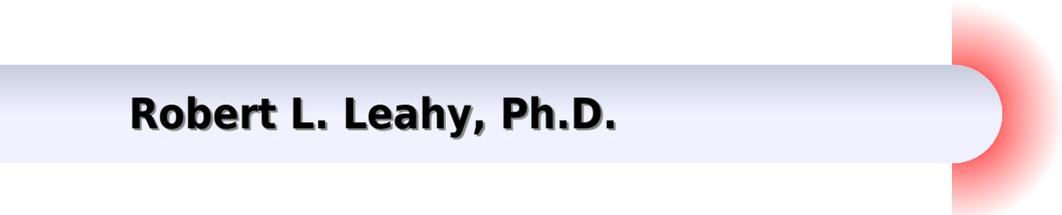
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STOPPING YOU

ROBERT L. LEAHY, PH.D.

# Worry Cure

**Robert L. Leahy, Ph.D.**



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