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THE COMPLETE GUIDE TO SUSTAINABLE TRAVEL

This is an exhaustive list and can seem overwhelming, but it gets easier if you take it a step at a time.

BEFORE THE TRIP



Consider your transport options



- Choose airlines that use renewable biofuels.
- Choose non-stop flights. Planes produce the most carbon emissions during take off and landing.
- Offset your carbon footprint by paying a small fee when making a booking. The fee is donated to programs that help reduce the amount of carbon dioxide in the atmosphere, such as planting trees.
- Choose road or rail transportation instead of flights (e.g. trains and buses). Planes burn a lot of fuel, thus producing greenhouse gases which contribute to global warming.
- **X Avoid cruise ships.** Cruises are “floating cities” that have a huge environmental impact (e.g. with waste disposal, fuel and energy expenditure, pollution by exhaust fumes).
- Cargoal where possible.



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BEFORE THE TRIP



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- Choose road or rail t flights (e.g. trains an fuel, thus producing contribute to globe
- **X Avoid cruise shi** that have a huge e waste disposal, fu

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Sustainable Travel Guide

Kenelm Rodgers



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