



# Best Virtual Reality Office

**Rizwan Sheikh**



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book reveals the concepts and practical insight on how to create and lead Blue Shark Teams The Blue Shark Model of Leading High Performance Teams is based on Daniel Goleman s emotional intelligence model and Bruce Tuckman s team building model forming storming norming performing and adjourning This book shows how to apply these models to large companies small to medium size businesses and projects during a crisis It explains how managers can develop their leadership style and lead high performance teams A real life case study which was a success story during the COVID 19 pandemic is discussed to elaborate the team building and emotional intelligence models The lessons learned from this case study can be applied to any crisis in any industry across the spectrum including healthcare IT telecom construction manufacturing oil and gas airlines financial services retail public sector and consulting The book arms executives and managers with the concepts and techniques to lead and manage projects teams and companies during turbulent and volatile times If you are a CEO CIO CTO or CXO of a Fortune 500 company a mid to small size Business Owner a Project Manager or a Senior Executive facing a crisis then this book is for you It describes real life case studies and projects that shows how the theoretical frameworks and models developed by leading researchers can be applied successfully to companies and projects especially during a crisis and pandemic such as COVID 19

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channel measurements including channel sounder architectures calibration methods channel sounder performance metrics and their relationship to propagation channel characteristics With a comprehensive introduction to mmWave channel models the book allows readers to carefully review and select the most appropriate channel model for their application The book provides fundamental system theory accessible in a step by step way with clear examples throughout With inter and multidisciplinary perspectives the reader will observe the tight interaction between measurements and modeling for these frequency bands and how different disciplines interact This is an excellent reference for researchers including graduate students working on mmWave and sub THz wireless communications and for engineers developing communication systems

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