

Lebanese Cuisine

THE AUTHENTIC COOKBOOK • SAMIRA KAZAN



The Lebanese Cookbook

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The Lebanese Cookbook:

The Lebanese Cookbook Hussein Dekmak,2007-10 Lebanese cuisine is one of the most unique in the Middle East combining influences from the Egyptians Persians ancient Greeks Ottomans and most recently the French This cookbook includes more than 100 authentic recipes in easy step by step format and sumptuous colour photographs **The Lebanese Cookbook** Dawn Anthony,Elaine Anthony,Selwa Anthony,2004 Lebanese Cuisine Samira Kazan,2022-07-26 A truly authentic Lebanese cookbook Fresh flavorful and healthy ingredients prepared the right way Whole grains fruits vegetables chickpeas garlic parsley olive oil lemons fresh seafood poultry and lamb with its abundance of healthful ingredients Lebanese cuisine will leave you fully satisfied If it suits you find vegan or vegetarian adaptations for every recipe Plus with helpful step by step photography for every recipe you will know exactly how to make all of these dishes right Author and recipe developer Samira Kazan has put her whole heart into making sure you have the very best complete recipe collection of her home country Having grown up in a family of Lebanese restaurateurs Samira knows what is the best of the best and what you ll love She traveled throughout Lebanon meeting with the top chefs that the cuisine has to offer and now translates their recipes for you in Lebanese Cuisine The Authentic Cookbook It s all in the little details when you want to prepare authentic food From easy and quick dips like moutabal baba ganoush and hummus multiple ways to salads like tabouli and fattoush to more elaborate recipes like stuffed makdous and spinach fatayer you ll learn how to do it properly for the optimal taste And of course we will cover the basics like how to make tahini za atar and pita bread With stunningly vibrant mouthwatering photography and healthy fresh ingredients this book will wow your taste buds and give your diet that perfectly vibrant and spiced flavor it s been missing **My Lebanese Cookbook** Tarik Fallous,2020-03-31 Your Lebanese favorites made easy for the whole family Lebanese cooking is one of the world s healthiest and most vibrant flavored with richness of spice the tang of yogurt and citrus and the brightness of herbs like mint cilantro and parsley My Lebanese Cookbook shows you how just a few basic ingredients can create deliciously aromatic and zesty dishes your family will love My Lebanese Cookbook lets you cook your way through the day from breakfast through dessert with more than 80 easy to follow authentic recipes Whether making hummus or a selection of mezze to share grilling kebabs or baking up homemade pita you ll find an incredible variety of dishes in this Lebanese cookbook My Lebanese Cookbook includes Your Lebanese pantry Take a tour of the ingredients that define Lebanese cuisine from garlic and lemon to pomegranate molasses and phyllo dough Classic recipes From Hummus and Falafel to Baklava and Ma moul you ll find all the flavors you remember and savor The Lebanese way This Lebanese cookbook offers four sample menus that show you how to pair dishes for family celebrations and get together with friends Enjoy a taste of Lebanon with the whole family through the savory and simple to make recipes you ll find in My Lebanese Cookbook **The Lebanese Cookbook** Salma Hage,2019-06-12 Back in print the definitive book on Lebanese home cooking featuring 500 authentic and delicious easy to make recipes On the shores of the eastern Mediterranean and a

gateway to the Middle East Lebanon has long been regarded as having one of the most refined cuisines in the region blending textures and ingredients from a myriad of sources First published as The Lebanese Kitchen and now back in print under its new title The Lebanese Cookbook this is the definitive guide bringing together hundreds of diverse dishes from light tempting mezzes and salads to hearty main courses grilled meats sumptuous sweets and refreshing drinks

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The Lebanese Cookbook Hussien Dekmak, 2014-08-01 If you're a fan of Yotam Ottolenghi and want to expand your knowledge of authentic Middle Eastern cuisine In this well received book Hussien Dekmak opens the door to his country's food and traditions with over 100 delicious authentic recipes to cook at home

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My Lebanese Cookbook, 2Nd Generation Gretchen Homan,2018-10-29 This is a cookbook of family recipes first collected around 2008 when Sity and I got together to cook and discuss all the meals she usually made for our family It was so fun to spend time with her and I really wanted to find a way to recreate all the meals exactly her way The process was tricky because Sity would smile and say Season to taste or Cook until it s done We would laugh and I would try to figure out an exact measurement to write down I wanted Sity and my memories of her to live forever In the last few years I cooked the same recipes with my dad my aunt and my uncle and learned so much They have special knowledge about the dishes that I could only figure out when I observed directly In this second generation cookbook I was able to take Sity s methods and add the advice and techniques her kids have developed Now we can cook the meals we love in a way that fits our lifestyle The recipes make large quantities enough for everyone and the freezer and cooking together is a fun family treat *The Lebanese Cookbook for Beginners* Jamal Al-Farhan,2021-06-08 Lebanese food is particularly well rated in the Mediterranean diet because of its many health advantages Meals made with abundant quantities of vegetables grains fresh herbs and spices poultry and lamb are full of rich robust tastes The whole spectrum of classic Lebanese food is shown in 206 exquisite dishes in the Lebanese Cookbook authored by Chef Jamal Al Farhan Farhan s all distinctive staples such London broil layered with pita and garlic yogurt and heart healthy fire roasted wheat with lamb are also in this book In this book the recipes were broken down step by step and used the simple word to make Lebanese cuisine available to anybody

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