

WEIGHT LOSS TOOLKIT

Essential Tools For
Weight Loss Success



Toolkit Weight Loss

Reader's Digest



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Get Online! Reader's Digest, 1999 Reader's Digest

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[Patient-Centered Weight Management](#) Robert Kushner, Nancy Kushner, 2005 Written by a world renowned obesity medicine expert this comprehensive guide is carefully crafted for clinicians to enhance their understanding and practice of weight management using the revolutionary Six Factor approach to identifying and solving each individual's weight loss challenges

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