

A McGraw-Hill Sourcebook

"A superb resource. People with Type 2 diabetes can use this book to educate themselves . . . and help their loved ones enjoy a healthy life."

—Francine Kaufman, M.D., past president, American Diabetes Association

THE TYPE 2 DIABETES SOURCEBOOK

EVERYTHING YOU NEED TO KNOW ABOUT:

- Tests, medications, and treatments
- The emotional and financial challenges of living with Type 2
- Nutrition, exercise, weight loss, and stress reduction
- Type 2 diabetes and children

**COMPLETELY
UPDATED WITH
THE LATEST
GUIDELINES**

THIRD EDITION

David Drum and Terry Zierenberg, R.N., CDE

Foreword by Calvin Ezrin, M.D.

Type 2 Diabetes Sourcebook

Liyong Dong



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