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*The* **Two  
Million-Year-Old  
Self**

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ANTHONY STEVENS

FOREWORD BY DAVID H. ROSEN



"This is a  
fascinating  
book."

—Anthony Storr



FROMM PSYCHOLOGY

# Two Million Year Old Self

**Nikolai Eberhardt**



## **Two Million Year Old Self:**

**The Two Million-Year-Old Self** Anthony Stevens, 1993 Also available in an open access full text edition at <http://oaktrust.library.tamu.edu/handle/1969/185768> With the evolution of human consciousness nature has finally become conscious of itself It has taken eons of time this lumbering progress through the minds of reptiles mammals and primates and it is still working its purpose out in the archetypes of the collective unconscious encoded in the most ancient parts of the human brain The recent evolutionary history of our species which Jung personified as the two million year old human being in us all is still active in our dreams myths psychiatric symptoms traditional healing practices and typical patterns of behavior And it is still struggling to help us survive in the often alienating conditions of the modern world Through a wide ranging review of developments in anthropology ethology sociobiology neuroscience psycholinguistics and Jungian psychology Anthony Stevens explores the nature of the two million year old Self and examines ways in which the contemporary world both fulfills and frustrates its basic needs and intentions Drawing on his experience as an analyst Stevens evokes dreams and psychiatry to reveal a compelling and challenging view of the two million year old Self as embodying no less than the will of nature providing ancient wisdom that we neglect at our collective peril By granting close attention to nature's mind Stevens argues we not only further personal wholeness but help redress the gross imbalances of our culture which are threatening the destruction of the earth For the ecologically concerned this book offers a dramatic new perspective on our future relations with our planet

**Plato's Revenge** William Ophuls, 2011-08-19 A provocative essay that imagines a truly ecological future based on political transformation rather than the superficialities of sustainability In this provocative call for a new ecological politics William Ophuls starts from a radical premise sustainability is impossible We are on an industrial Titanic fueled by rapidly depleting stocks of fossil hydrocarbons Making the deck chairs from recyclable materials and feeding the boilers with biofuels is futile In the end the ship is doomed by the laws of thermodynamics and by the implacable biological and geological limits that are already beginning to pinch Ophuls warns us that we are headed for a postindustrial future that however technologically sophisticated will resemble the preindustrial past in many important respects With Plato's Revenge Ophuls author of *Ecology and the Politics of Scarcity* envisions political and social transformations that will lead to a new natural law politics based on the realities of ecology physics and psychology In a discussion that ranges widely from ecology to quantum physics to Jungian psychology to Eastern religion to Western political philosophy Ophuls argues for an essentially Platonic politics of consciousness dedicated to inner cultivation rather than outward expansion and the pursuit of perpetual growth We would then achieve a way of life that is materially and institutionally simple but culturally and spiritually rich one in which humanity flourishes in harmony with nature

**Living Archetypes** Anthony Stevens, 2015-06-26 Anthony Stevens has devoted a lifetime to modernizing our understanding of the archetypes within us relating them to conceptual developments in a variety of scientific disciplines such as the patterns of behaviour of behavioural ecology the species specific behavioural

systems of Bowlby's attachment theory, the deep structures of Chomskian linguistics and the modules of evolutionary psychology to name but a few. This selection of papers and chapters from the course of Stevens' career, all lucidly written and argued, highlights episodes in the progress of his quest to place archetypal theory on a sound scientific foundation. As a whole, *Living Archetypes* examines how archetypes are activated in the life history of all of us, how archetypal imperatives may be fulfilled or thwarted by our living circumstances, how they manifest in our dreams, symbols, fantasies, and symptoms, and how appreciating their dynamics can generate insights of enormous therapeutic power. *Living Archetypes: The Selected Works of Anthony Stevens* provides an invaluable resource for Jungian psychotherapists, psychologists, academics, and students committed to extending the evolutionary approach to psychology and psychiatry and understanding the dynamic significance of archetypes.

*Rebirthing Into Androgyny* Berenice Andrews, 2012-11. In these interesting times when many people are searching for spiritual nourishment, this book is intended to be a means of providing it. *Rebirthing Into Androgyny: Your Quest For Wholeness And Afterward* offers to the hungry ones a familiar yet totally different feast. While it sets forth an already established metaphysics, it also presents a radical new idea, one that has been implicit in that spiritual thought but unavailable until now, and the new awareness associated with quantum physics. In other words, while this book provides soul searchers, also known as learners, with an age-old means of generating a fundamental inner change, a rebirthing, it also provides a new living prototype of what is being reborn. Thus, a person's rebirthing is both a gestation and a labor, a quest producing an ever-increasing knowing gnosis which gradually becomes being that can finally merge with the Beloved Self. And the new living prototype is that of the human soul, not as what a person has but as what a person is: a creative energy being who generates its own bodies out of its soul substance, its creative consciousness energy by means of its archetypal human energy system, while always being guided by its nucleus of divinity. In this book, which is a textbook for soul searchers, all of this transformative change is offered, explored, and explained in a series of carefully crafted lessons lovingly taught by a shamanic teacher/healer in a stone circle classroom, the ancient site of a modern teaching. There is a grand feast awaiting. The cover design was created by Paula Kozak, Sarasota, Florida, set in a circle representing the Unity of the Cosmos, the Oneness that includes all people. The hexagram is an ancient symbol of androgyny. The Nordic rune Dagaz, across its center, signifies breakthrough and transformation. The gold of the hexagram against the white background indicates the ever-present divine energies that guide and sustain, while the light spectrum surrounding the circle and extending in all directions indicates the auric field of a human energy being inseparable from its Creator.

*Jung and Spirituality* David Tacey, 2025-03-25. An exploration of spirituality in the modern world using Carl Jung's insights. Jung believed that a spiritual life lies buried in everyone's unconscious and could be brought before consciousness with therapeutic results, and that rationality and hubris prevented many in the modern world from acknowledging the spiritual aspects of our lives, and repressing the spiritual was as harmful as repressing the sexual. This book contains a series of chapters which explore the applications and ramifications

of Jung's psychospiritual theory Starting with how to bring back spirituality into religion it then looks at the activation of earth energies and the primordial mind by bringing the spirit back into nature It proceeds to examine the spiritual journey dreams the individuation of god and the healing power of spirituality *Montreal 2010 - Facing Multiplicity: Psyche, Nature, Culture* Pramila Bennett, 2012 Jungian analysts from all over the world gathered in Montreal from August 22 to 27 2010 The 11 plenary presentations and the 100 break out sessions attest to the complex dynamics and dilemmas facing the community in present day culture The Pre Congress Workshop on Movement as Active Imagination papers are also recorded There is a foreword by Tom Kelly with the opening address of Joe Cambrey and the farewell address of Hester Solomon From the Contents Jacques Languirand From Einstein's God to the God of the Amerindians John Hill One Home Many Homes Translating Heritages of Containment Denise Ramos Cultural Complex and the Elaboration of Trauma from Slavery Christian Roesler A Revision of Jung's Theory of Archetypes in light of Contemporary Research Neurosciences Genetics and Cultural Theory A Reformulation Margaret Wilkinson Ruth Lanius Working with Multiplicity Jung Trauma Neurobiology and the Healing Process a Clinical Perspective Beverley Zabriskie Emotion The Essential Force in Nature Psyche and Culture Guy Corneau Cancer Facing Multiplicity within Oneself Marta Tibaldi Clouds in the Sky Still Allow a Glimpse of the Moon Cancer Resilience and Creativity Astrid Berg Tristan Troudart Tawiq Salman What could be Jungian About Human Rights Work Bou Yong Rhi Like Lao Zi's Stream of Water Implications for Therapeutic Attitudes Linda Carter Jean Knox Marcus West Joseph McFadden The Alchemy of Attachment Trauma Fragmentation and Transformation in the Analytic Relationship Sonu Shamdasani Nancy Furlotti Judith Harris John Peck Jung after The Red Book *Spring*, 2006 *Schiff V. Hammond Clock Company*, 1933 **From the Big Bang to the Human Predicament** Nikolai Eberhardt, 1998 **The American Magazine**, 1916 *The Archetypal Imagination* James Hollis, 2000 Just as humans have instincts for biological survival and social interaction we have instincts for spiritual connection as well The author draws upon the work of the poet Rainer Maria Rilke's Duino Elegies to elucidate the archetypal imagination in literary forms To underscore the importance of incarnating depth experience he also examines a series of paintings by Nancy Witt **BOOK JACKET** **Boot and Shoe Recorder**, 1894 **The Country Gentleman**, 1913 *Collier's*, 1915 *Association Men*, 1924 **Hearst's International Combined with Cosmopolitan**, 1926 *Youth's Companion*, 1915 *American Illustrated Magazine*, 1916 *The Graduate Magazine of the University of Kansas*, 1917 **The Illustrated London News**, 1930

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