



South The Beautiful Cookbook

Nancie McDermott



South The Beautiful Cookbook:

South the Beautiful Cookbook Philip Salaverry, 1996-05-02 The southern region of the United States is a stunning landscape of smoky mountains undulating hills scrubby coastal plains mysterious swamps subtropical shorelines and alluvial flatlands More than 60 million Americans call the South home the result is an ethnic stewpot that has been simmering for centuries rendering a population as spicy as anything a Cajun might conjure The rich cuisine of the South has benefited from such a merging of cultural traditions Louisiana Creole cooking alone owes its heritage to a blend of African French Spanish Caribbean and native American ingredients and techniques The South the Beautiful Cookbook showcases the great diversity of Southern cooking and reveals that the food of the South is far more than fried chicken and mashed potatoes With over 200 recipes by author Mara Reid Rogers and a star studded list of contributing chefs and Southern food authorities The South the Beautiful Cookbook provides the quintessential Southern food experience from the traditional to the cutting edge Old favorites Seafood Gumbo aromatic Smoked Barbecue Ribs spicy Jambalaya and Granny Lou s Coconut Cake fill the Southern table alongside innovative creations like Cream of Shiitake Soup with Virginia Ham Roasted Squab on Sweet Potato Spoon Bread Cheese Grits Souffle and Chocolate Pecan Pie All these delicious recipes are illustrated in full color photographs by Philip Salaverry Award winning journalist Jim Auchmutey writes a lyrical and informative text about the cultural and culinary history of the South which is brought to life in the full color photography by two leading National Geographic photographers Melissa Farlow and Randy Olson who traveled from Virginia to Florida to document the South Together this team of contributors with the expertise of Southern food writer and editor Susan Puckett creates a portrait of Southern hospitality and charm Southerners have expressed their distinctive culture in many ways from their music to their stories but no expression strikes closer to the heart than the great folk art of Southern cooking Well Seasoned Les Passees, Inc, 1982 Well Seasoned contains more than 800 triple tested recipes This collection is referred to by many as the book they actually USE Featured in Town Country Magazine as one of the best cookbooks in the South it makes you want to jump up and cook With recipes from all over the world as well as traditional southern favorites the beautiful cookbook looks as good on your coffee table as it does in your kitchen *The New Southern-Latino Table* Sandra A. Gutierrez, 2011-09-12 In this splendid cookbook bicultural cook Sandra Gutierrez blends ingredients traditions and culinary techniques creatively marrying the diverse and delicious cuisines of more than twenty Latin American countries with the beloved food of the American South The book has beautiful illustrations and features 150 original recipes a handy glossary a section on how to navigate a Latin tienda and a guide to ingredient sources **Dinner Parties** Norman Kolpas, 1996 *Southern Cakes* Nancie McDermott, 2012-02-03 A compilation of sixty five of the greatest cake recipes from the South plus plenty of baking tips from the author of Southern Pies It s time to relax on the porch swing and feast your eyes on some of the tastiest cakes you ll ever sink your fork into There are recipes here for everything from Brown Sugar Pound Cake and fluffy white coconut cakes

layered with lemon curd or raspberry jam to the chocolatey goodness of Mississippi Mud Cake and the extravagant elegance of Lady Baltimore Cake With cakes this delectable it s no wonder Southerners are so proud of their baking history Jam cakes and jelly rolls humble pear bread and peanut cake cakes with one two three and four layers and even Eudora Welty s bourbon soaked white fruitcake each moist and delicious forkful represents the welcome to the South attitude of the sultry Southern states The Baking 101 section explains the basics including buying the proper equipment mixing the perfect batter putting on the finishing touches that means frosting and lots of it and the how to s of storing your lovely cake so that the last slice tastes as delightful and moist as the first As you page through Southern Cakes you ll surely come across some old favorites as well as many new delectable treats plus a generous helping of Southern hospitality in each and every slice Food writer Nancie McDermott has compiled 65 of the most sinfully delicious cakes and the result could make even Scarlet O Hara weak in the knees Chocolatier Magazine For my money the grandest looking cakes in this book are the brown sugar pound cakes baked in a tube pan with a lush mass of caramel glaze drooling down its sides and the classic coconut cake with its feathery dazzling white frosting When I brought the coconut cake to the office people in the street were literally lunging at it Los Angeles Times

The News-letter of the Society for the Study of Southern Literature Society for the Study of Southern Literature,1995 The Publishers Weekly ,1896 Australian National Bibliography ,1978 History of Soybeans and Soyfoods in China, in Chinese Cookbooks and Restaurants, and in Chinese Work with Soyfoods Outside China (Including Taiwan, Manchuria, Hong Kong & Tibet) (1949-2022) William Shurtleff; Akiko Aoyagi,2022-01-11 The world s most comprehensive well documented and well illustrated book on this subject With extensive subject and geographic index 231 photographs and illustrations mostly color Free of charge in digital PDF format **The Southern Register** ,1991 *PPC* ,1999 **By the Numbers** ,1998 **The Cumulative Book Index** ,1996 A world list of books in the English language **Saveur** ,2001 **Progressive Farmer** ,1977 **The Times-picayune Index** ,1996 *McCall's* ,1995 **AB Bookman's Weekly** ,1998 Sara Foster's Southern Kitchen Sara Foster, Lee Smith,2011-04-05 Sara Foster s love of Southern fare began in her Granny Foster s Tennessee kitchen There the combination of down home comfort fresh from the farm ingredients and dedicated preparation hooked her for life Now the award winning cookbook author and restaurateur serves up nearly two hundred contemporary interpretations of classic dishes Shrimp Jambalaya Slow Roasted Pulled Pork Butt Cheesy Grits Casserole refreshing drinks including Mint Juleps and Sweet Tea and such satisfying breakfasts as Country Ham and Hominy Hash And a table wouldn t be Southern without the sides Skillet Fried Corn Creamy Potato Salad and Arugula Pesto Snap Beans Be sure too to save room for Molasses Bourbon Pecan Pie and Freestyle Lemon Blackberry Tart From revealing the secret to fluffy buttermilk biscuits to giving us ideas for swapping out ingredients to accommodate any season from providing tips for frying up chicken like a true Southerner to detailing barbecue fundamentals that put you on par with any pitmaster Foster s helpful sidebars ensure that your dishes will turn out perfect every time You ll also get expert

tips on the essential equipment cast iron skillets griddles casserole dishes and the ingredients no Southern pantry should be without from stone ground grits to Carolina Gold rice As a bonus Foster offers her Sidetracked feature profiles of tried and true roadtrip destinations throughout the South where you can find the best fried catfish barbecued brisket big breakfast plates and more And finally Foster s lessons in pickling and canning guarantee that you can enjoy your favorite flavors all year round With its handy list of resources and Southern pantry essentials and entertaining stories Sara Foster s Southern Kitchen is an all inclusive collection of Southern cooking in which simple feasts meet artisanal ingredients traditional tastes meet modern methods and fantastic flavors make every bite a succulent mouthful of Southern comfort **Gourmet News**,1996

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