

# SOAP Note for Psychiatry

## Patient Information

Patient Identifier(If known): ABC123

First Name: Holly

Surname: Christmas

Date: 11/16/2022

DoB: 5/4/1999

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## Subjective

### Hx of Presenting Illness

Mood has been erratic and irritable for past few months  
Past 6 weeks sleeps <5 hr nightly attributes to her racing thoughts  
Describes four-day manic episode, no sleep, hyper focussed on social media presence  
Accompanied by Mother who reports she is highly talkative (more than usual) easily distracted, irritable

### Past Medical Hx

~6 months CBT for depression in late teens

### Past Psychiatric Hx

None

## Objective

H: 165cm W: 54kg BMI:19.8 BP: 120/80

Appears restless, fidgeting and facial twitches does not appear to be aware she is doing.

Requested to see her phone multiple times during appointment.

### Family Hx

Maternal grandmother treated for depression

No other family history of mental illness

### Medications/Allergies

None

### Personal/Social Hx

Withdrawn from university classes following failed test, attributes to inability to focus  
She lives with Mother and siblings who have increasingly strained relationship due to her "up and down" mood swings.  
Weight loss (>20kg) past 12 months

# Soap For Psychiatry

**Victor M. Corman**



## **Soap For Psychiatry:**

## The Enigmatic Realm of **Soap For Psychiatry**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Soap For Psychiatry** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect on the hearts and minds of people who partake in its reading experience.

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