



Trekking In The Pyrenees

Andy Davies



Trekking In The Pyrenees:

Trekking in the Pyrenees Douglas Streatfeild-James,2005 This is an area of awe inspiring natural beauty Approximately 450 km 280 miles in length the range includes rolling foothills steep gorges high passes and imposing peaks Superb scenery a rich culture and a long history wonderful cuisine and excellent sporting opportunities all combine to make the Pyrenees one of Europe s most

The Pyrenean Haute Route Tom Martens,2019-04-15 Guidebook to trekking the Pyrenean Haute Route which zigzags across the Franco Spanish border staying close to the main ridge in the highest and most spectacular Central Pyrenees It covers 750km with over 40km of ascent so is suitable for experienced mountain walkers only The largely unwaymarked route is presented in 44 stages

The Pyrenees Kev Reynolds,2010-09-09 A resource book covering the finest walks treks and climbs in the High Pyrenees for 400km between France and Spain from the Cirque de Lescun on the edge of the Basque country in the west to the Carlit massif and the Cerdagne to the east of Andorra The book is divided into five regional chapters the Western Valleys Cirques and Canyons the Central Pyrenees Enchanted Mountains and Andorra and the Eastern High Pyrenees Intended as a resource book for those planning a range of mountain activities in the Pyrenees the guide describes each area valley by valley and provides information on access and accommodation as well as recommended maps and guidebooks Unlike a conventional walking book detailed route descriptions are not included the guide does however direct the reader to the finest walks treks and climbs in the area and provide an outline of specially selected routes An extensive introduction gives all the practical advice and information needed for planning a trip It offers a background to the mountains and their exploration and provides a snapshot of the range with sections that help the reader focus on specific areas of activity and suggests where best to exercise that activity

Shorter Treks in the Pyrenees Brian Johnson,2019-05-15 A guidebook to seven short treks of 4 12 days in the Pyrenees covering both sides of the France Spain border Showcasing the region s spectacular scenery the treks follow mountain paths with boulder fields and easy scrambling on higher routes Accommodation is available in mountain refuges and villages though wild camping is also possible The routes range from 70 to 224km and are presented in day stages of between 7 and 33km 2 8 hours They cover the Basque Country Pic du Midi d Ossau and the western Pyrenees Vignemale and La Alta Ruta de los Perdidos R serve Naturelle de N ouvielle Carros de Foc Montagnes d Ax and Les P rics and Puigmal and Canigou in Catalonia Clear route description and 1 100 000 mapping Information on accommodation and facilities for each trek stage Access maps and route variants and alternatives for each trek Advice on planning and preparation Optional detours to climb neighbouring peaks

Trekking the GR10 Brian Johnson,Stuart Butler,2023-07-03 A guidebook to walking the GR10 Sentier des Pyrenees trail between Hendaye on the Atlantic coast and Banyuls sur Mer on the Mediterranean Covering 954km 593 miles this long distance trail through the French Pyrenees takes around 7 weeks to walk and is suitable for hikers with some long distance trekking experience The route is described from west to east in 55 stages each between 7 and 27km 4 17 miles in length Bad

weather alternatives have also been included 1 100 000 maps included for each stage Detailed information on facilities and accommodation along the route Advice on planning and preparation Highlights include Pic du Midi d Ossau Walking the Julian Alps of Slovenia Justi Carey,Roy Clark,Roberto Lombardo,2025-06-02 A guidebook to 37 day walks and 3 multi day treks in the Julian Alps of Slovenia Exploring the incredible Slovenian mountains there s something for everyone from short valley walks to high level routes for the experienced mountaineer The day walks range from 4 to 24km 2 15 miles and can be enjoyed in 2 11 hours The multi day treks range from 18 34km 11 21 miles and each takes 2 days The routes are split into 5 sections each based around centres with a good tourist infrastructure 1 50 000 maps included for each walk GPX files available to download Detailed information on planning facilities and public transport Highlights include Triglav and Lake Bled Great Walks on the England Coast Path Andrew McCloy,2022-09-15 At around 4500km 2800 miles the England Coast Path is the longest coastal trail in the world This inspirational large format guide presents a handpicked selection of 30 highlight sections offering a taste of England s stunning and diverse shoreline Routes range from 9 to 45km spanning between 3 hours and 2 days offering options to suit all abilities They can be accessed by public transport and are walkable year round weather permitting Route descriptions are accompanied by 1 50 000 OS map extracts Included in each walk are comprehensive listings of public transport toilets and places to eat and drink which highlight the excellent walking infrastructure available in many areas Overview information on terrain distance and timing facilitates easy planning a route summary table helps you to choose an appropriate route and there are also GPX files available for free download Fascinating snippets of history and geology are interspersed throughout and the appendices contain useful websites and further reading Incorporating beautiful photography of England s coastline the guide will encourage you to explore both well loved and less well known parts of the English shoreline from soaring cliffs to wildlife rich estuaries from huge golden beaches to atmospheric marshes Capturing the rich heritage and glorious contrasts of England s coast the routes offer something for everyone whether your passion is for escape or adventure geology or nature castles or culture The sea has defined England s history and the coast is a dynamic and exciting place to walk so let these 30 routes introduce you to great walking by the sea on England s newest National Trail Walking in the Cairngorms Ronald Turnbull,2023-04-25 A guidebook to over 100 walking routes in the Cairngorms and Lochnagar Sitting between Speyside and Deeside the Cairngorms National Park provides the backdrop for these low and high level walks and scrambles suitable for a range of abilities Walks range from 2 to 42km 1 26 miles and have been graded by difficulty allowing you to select routes suitable for your ability level 1 50 000 OS maps or 1 100 000 route maps included for each walk Includes 18 Munro summits Multiple summit path options are included for five hills Macdui Cairn Gorm Braeriach Cairn Toul and Lochnagar Detailed information on facilities and mountain bothies Easy access from Aviemore and Braemar **Walking on Mull, Coll and Tiree** Terry Marsh,2024-12-09 A guidebook to 50 day walks on the Isles of Mull Coll and Tiree From short circuits and linear coastal and glen walks to demanding mountain

routes there is something for walkers of all fitness levels and experience on this Inner Hebridean island The walks range in length from 2 19km 1 12 miles and cover Mull and the neighbouring islands of Coll Tiree Iona Ulva Gometra and Erraid 1 50 000 OS maps included for each walk GPX files available to download Detailed information on accommodation and ferry transport Easy access from Tobermory and Craignure Highlights include an ascent of Ben More **Walking in Gower** Andy Davies,2025-09-03 A guidebook to 30 circular walks in the Gower National Landscape Exploring the beautiful scenery of the Gower Peninsula the routes are suitable for walkers of all abilities and are perfect for walking year round Walks range from 3 13 miles 5 21km and can be enjoyed in 1 6 hours Options for all abilities Many of the walks take in sections of the Wales Coast Path Easy access from Swansea Detailed information on refreshments and transport options for each walk Routes take in local points of interest such as Rhossili and Three Cliffs Bay 1 50 000 OS map extracts included for each walk

Trekking in the Dolomites Henry Stedman,2001 **Trekking the GR11 Trail** Tom Martens,2024-05-28 A guidebook to hiking the 850km 520 mile GR11 La Senda Pirenaica trail between Irun on the Atlantic coast and Cap de Creus on the Mediterranean Over the years it has become a well defined hiking trail which mostly goes over good hiking paths through largely unspoilt and wild mountains and is suitable for experienced mountain hikers The GR11 is one of the long distance trails which crosses the whole Pyrenees staying on the Spanish side of the border It is presented here in 47 stages of 7 31km 5 19 miles four sections are given to allow the route to be broken into shorter treks Step by step route description and 1 100 000 mapping provided for each stage Highlights include Navarre Ordesa Monte Perdido Valles Occidentales Posets Maladeta Parc Natural Alt Pirineu Route Summary Table and Stage Facilities Planner to help plan itineraries Detailed information on planning local flora and fauna and accommodation GPX files available to download **Walking in the Forest of Bowland and Pendle** Terry Marsh,2012-02-15 A guidebook to 40 circular walks in Lancashire s Forest of Bowland National Landscape including Pendle Exploring the beautiful scenery of both the moors and the Lune Hodder and Ribble Valleys there are routes for all abilities from shorter low level walks to longer more strenuous outings The walks accessible from Lancaster Clitheroe and Slaidburn range from 5 to 20km 3 13 miles 1 50 000 OS maps included for each walk reproduced at 1 60 000 Sized to easily fit in a jacket pocket Route summary table and overview information make it easy to choose an appropriate route Local points of interest **The GR10 Trail** Brian Johnson,2016-10-13 A guidebook to walking the GR10 the Sentier des Pyrenees a 955km trek across the French Pyrenees from Hendaye on the Atlantic Coast to the Mediterranean coast at Banyuls sur Mer The trek is split into 55 daily stages with information on planning transport accommodation and facilities **Walking in France** ,2004 **Trekking** John Cleare,1988 **GR11 Trail** Brian Johnson,2018-04-13 The GR11 is a glorious 820km traverse of the Pyrenees from the Atlantic to the Mediterranean on the Spanish side of the border with France taking about 47 days to walk Although it s a serious challenge for experienced hikers the route is less demanding than the higher level HRP sunnier and wilder than the GR10 which runs along the French side and well waymarked throughout with regular

opportunities to find accomodation and stock up your supplies The Pyrenees Marc Dubin,Paul Jenner,Christine Smith,1994 The most detailed single volume guide to Europe s loveliest mountain range Veteran author Marc Dubin takes a fresh look at this unique mountain range which unites the French Spanish and Andorran peaks and valleys This guide has all the information you need whether you re out for serious up country hiking bears permitting staying in one of the Pyrenean beach resorts skiing on either side of the border or touring the tiny principality of Andorra **Walking in Spain** Miles Roddis,2003 This edition has been expanded and updated and features new walks from the Pyrenees to Andalucia including the famous Camino de Santiago pilgrim route **Spain** ,2009

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