



THE  
CHINESE  
MENU  
COOKBOOK

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Including an  
Introductory Course in  
Chinese Cooking



Joanne Hush and Peter Wong

# The Chinese Menu Cookbook

**AN Whitehead**



## **The Chinese Menu Cookbook:**

*The Chinese Menu Cookbook* Constance D. Chang, 1980     *The Chinese Menu Cookbook* Joanne Hush, Peter Wong, 1976-01-01     **Chinese Menu Cookbook** Constance D. Chang, 1988     *The Chinese Menu Cookbook* Joanne Hush, Peter Wong, 1978-08-01     **Chinese Menu Cookbook** C. Chang, 1988     **Chinese Cooking the Healthful Way** Paul Hush, Joanne Hush, 1996 In this inspiring book Paul and Joanne Hush illustrate the ease of cooking Chinese food low in fat and sodium Chinese cuisine uses more fresh vegetables and less meat than many other cuisines and its primary cooking methods stir frying and steaming are great ways to prepare foods without sacrificing valuable nutrients Now using the authors imaginative recipes and contemporary techniques you can cook wonderfully healthful and delicious Chinese food Chinese Cooking the Healthful Way builds on the principles of Chinese cooking we all know and love creating an amazing array of taste sensations sweet and sour sauces and marinades fiery stir fries easy yet exotic seasoning succulent fresh ingredients Bursting with the herbs and spices that give Chinese food its unique savory appeal here are traditional favorites as well as innovative new twists including Peking Pork with Broccoli and Mushrooms Hot Pepper Soup Spicy Szechuan Eggplant Five Spice Tuna Steak Orange Minted Fried Rice From basic meals to sumptuous special menus from dim sum to dessert these recipes feature easy step by step instructions plus calorie fat cholesterol and sodium counts Go ahead and indulge with Chinese Cooking the Healthful Way Chinese food is good for you About the Authors Paul and Joanne Hush are restaurateurs caterers and food lovers who also operated a cooking school in Connecticut where chefs such as Marcella Hazan Dianna Kennedy and Martha Stewart shared their expertise Joanne Hush studied Chinese cuisine at The China Institute in New York and is the author of *The Chinese Menu Cookbook* and *Classic Chinese Cooking for the Vegetarian Gourmet*     **The Classic Chinese Cook Book** Mai Leung, 1987     *The Chinese Takeout Cookbook* Diana Kuan, 2012-12-11 America's love affair with Chinese food dates back more than a century Today such dishes as General Tso's Chicken Sweet and Sour Pork and Egg Rolls are as common as hamburgers and spaghetti Probably at this moment a drawer in your kitchen is stuffed with Chinese takeout menus soy sauce packets and wooden chopsticks right But what if you didn't have to eat your favorites out of a container In *The Chinese Takeout Cookbook* Chinese food blogger and cooking instructor Diana Kuan brings Chinatown to your home with this amazing collection of more than eighty popular Chinese takeout recipes appetizers main courses noodle and rice dishes and desserts all easy to prepare and MSG free Plus you'll discover how to stock your pantry with ingredients you can find at your local supermarket season and master a wok for all your Chinese cooking needs prepare the flavor trifecta of Chinese cuisine ginger garlic and scallions wrap egg rolls dumplings and wontons like a pro steam fish to perfection every time create vegetarian variations that will please everyone's palate whip up delectable sweet treats in time for the Chinese New Year *The Chinese Takeout Cookbook* also features mouthwatering color photos throughout as well as sidebars that highlight helpful notes including how to freeze and recook dumplings cooking tidbits such

as how to kick up your dish with a bit of heat and the history behind some of your favorite comfort foods including the curious New York invention of the pastrami egg roll and the influence of Tiki culture on Chinese cuisine So put down that takeout menu grab the wok and let s get cooking Here for the first time in one fun easy and tasty collection are more than 80 favorite Chinese restaurant dishes to make right in your own kitchen Cold Sesame Noodles Kung Pao Chicken Classic Barbecue Spareribs Beef Chow Fun Homemade Chili Oil Hot and Sour Soup Chinatown Roast Duck Moo Shu Pork Dry Fried String Beans Black Sesame Ice Cream And of course perfectly fried Pork and Shrimp Egg Rolls Diana Kuan chronicles America s love affair with Chinese food The Chinese Takeout Cookbook is the perfect reason to throw out those menus cluttering your kitchen drawers Patricia Tanumihardja author of The Asian Grandmothers Cookbook [Chinese Recipes Cookbook](#) Rachael Rayner,2019-08-23 Step into the realm of traditional Chinese cuisine with this exclusive all Chinese cookbook Using a brief text this book will first take you closer to the basics of Chinese food its various types and forms How important Chinese food can be for good health will be discussed next After going through all such detail about the cuisine itself the write will make you explore all the different varieties of Chinese recipes whether it is the super rich breakfast or a warming bowl of dinner soup or it s the evening snack A nicely designed Chinese menu can keep you away from everything unhealthy The cookbook offers a complete set of thirty recipes which will can be made right at home using your everyday kitchen ingredients So don t wait around to order Chinese food for a far off place Instead make your own like a pro Grab your copy now and start discovering a new Chinese recipe every other day **The Chinese Picture Cookbook** Alan Ching,1988-03 **The Chinese Party Cookbook** Constance D. Chang,1974 [Wok Smart](#) Valeria Ray,2019-06-08 If Chinese takeout is your go to meal for a quick bite or night in this is the cookbook you need The Wok Smart cookbook features recipes inspired by classic Chinese takeout menu items so you can make your favorite meals from the comfort of your own home With the easy to follow recipes in this cookbook you are sure to be amazed at how simple it is to enjoy authentic Chinese food at home without ever having to go to a restaurant drive thru Impress your friends and family with delicious recreations of Chinese classics such as General Tso s Chicken Sweet Sour Pork Shrimp Broccoli Lo Mein Hot Sour Soup Cream Cheese Wontons Easy Pork Fried Rice Healthy Chinese Chicken Salad and more Skip the drive thru and get the Wok Smart cookbook today **History of Soybeans and Soyfoods in China, in Chinese Cookbooks and Restaurants, and in Chinese Work with Soyfoods Outside China (Including Taiwan, Manchuria, Hong Kong & Tibet) (1949-2022)** William Shurtleff; Akiko Aoyagi,2022-01-11 The world s most comprehensive well documented and well illustrated book on this subject With extensive subject and geographic index 231 photographs and illustrations mostly color Free of charge in digital PDF format **Cooking The Chinese Way** Ling Yu,1982 **The Chinese Kitchen** Eileen Yin-Fei Lo,1999-11-17 Eileen Yin Fei Lo author of award winning cookbooks menu developer for top Asian restaurants and cooking teacher presents her life s work Reflecting on her life in food including her childhood in Canton China where she learned to

cook at her grandmother's side Eileen has created an exhaustive cookbook of extensive scope Everything about Chinese cooking has cultural significance and much of what Eileen talks about in this book has never appeared in print before in the English language There are more than 250 recipes in all including many classic banquet style recipes quite a number presented for the first time in the traditional manner from Peking Duck to Beggar's Chicken Dozens of the techniques for preparing these elaborate recipes are shown in full color photographs in the color insert as well Eileen also includes many of her own creations such as infused oils and rich flavorful stocks essential for cooks who are serious about mastering the ancient art of Chinese cooking Everything is here dim sum congees stir fries rice dishes noodles bean curd meat dishes and more For anyone who loves Asian cuisines this is the ultimate cookbook and for cookbook lovers and aspiring food professionals this is required reading

**Chinese Cooking For Dummies** Martin Yan, 2000-10-11 Forget about takeout Have you ever had a craving for fried dumplings or hot and sour soup at midnight Ever wonder how your local Chinese takeout makes their food taste so good and look so easy to make Still don't know the difference between Sichuan Cantonese and Mandarin cooking Discovering how to cook the Chinese way will leave you steaming stir frying and food styling like crazy The indescribably delicious cuisine of a fascinating country can finally be yours And in Chinese Cooking For Dummies your guide to the wonders and magic of the Chinese kitchen is none other than Martin Yan host of the award winning TV show Yan Can Cook In no time at all you'll be up to speed on what cooking tools to use how to stock your pantry and fridge and the methods centuries old that have made dim sum Egg Fu Young Kung Pao Chicken and fried rice universal favorites You'll also be able to Think like a Chinese chef using the Three Tenets of Chinese Cooking Choose and season a wok select a chef's knife plus other basic tools of the trade Find the essential ingredients and ask for them in Chinese with a Chinese language phonetic version of black bean sauce hoisin sauce plum sauce bamboo shoots and more Cook using a variety of methods including stir frying steaming blanching braising and deep frying And with over 100 recipes arranged conveniently like a Chinese menu Chinese Cooking For Dummies lets you select from any column in the comfort of your own kitchen which is when the fun really begins Imagine putting together your ideal meal from the book's rich offering of recipes Delectable morsels including Baked Pork Buns Spring Rolls Potstickers Steamed Dumplings and Shrimp Toast Seafood dishes including Sweet and Sour Shrimp and Oysters in Black Bean Sauce Poultry dishes including Moo Goo Gai Pan Kung Pao Chicken and Honey Garlic Chicken Pork beef and lamb dishes including Sichuan Spareribs Tangerine Beef and Mongolian Lamb Chinese Cooking For Dummies gives you all of the basics you'll need letting you experience the rich culinary landscape of China one delicious dish at a time and all without leaving a tip

**Cooking the Chinese Way** Ling Yu, 2002-01-01 Introduces the fundamentals of Chinese cooking including special ingredients and cooking utensils for such dishes as watercress soup stir fried beef with sugar peas bean sprouts with scallions and fortune cookies

*History of Soybeans and Soyfoods in China and Taiwan, and in Chinese Cookbooks, Restaurants, and Chinese Work with Soyfoods Outside China (1024 BCE to 2014)* William

Shurtleff,H.T. Huang,Akiko Aoyagi,2014-06-22 The world s most comprehensive well documented and well illustrated book on this subject With extensive index 372 photographs and illustrations Free of charge in digital format on Google Books

Urban Food Culture Cecilia Leong-Salobir,2019-04-02 This book explores the food history of twentieth century Sydney Shanghai and Singapore within an Asian Pacific network of flux and flows It engages with a range of historical perspectives on each city s food and culinary histories including colonial culinary legacies restaurants cafes street food market gardens supermarkets and cookbooks examining the exchange of goods and services and how the migration of people to the urban centres informed the social histories of the cities foodways in the contexts of culinary nationalism ethnic identities and globalization Considering the recent food history of the three cities and its complex narrative of empire trade networks and migration patterns this book discusses key aspects of each city s cuisine in the twentieth century examining the interwoven threads of colonialism and globalization

**The Ultimate Chinese Cookbook** Slavka Bodic,2021-04-13 Food is the most accessible pleasure It is nourishing and comforting It connects people and makes them feel good Eating is what all of us have in common and we all love to do it well Plus food is the easiest way to explore a different culture Do you like to cook But you are tired of the same old menu Have you been looking for fun recipes for any occasion Are you a fan of an authentic Chinese kitchen Then you are in luck This cookbook has it all and more It will upgrade your cooking routine with one hundred eleven delicious and filling meals from China with love You will be happy to cook again Explore new and exciting flavors of authentic Chinese cuisine You will be delighted with the results Don t worry if you are not a chef This comprehensive cooking guide is good for any level It will help tap into your creative side You will love this cookbook because everyone can appreciate a real homemade meal and newness Surprise yourself your friends or your family It is time to cook something new Be ready for your taste buds to sing Get it now

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