

# What is **Wisdom**?



**Wisdom** is the quality of having a deep understanding and knowledge gained through experience, reflection, and sound judgment.

It involves the ability to make well-informed decisions, consider the long-term consequences of actions, and navigate complex situations with prudence.

**Wisdom** often goes beyond intellectual knowledge, encompassing emotional intelligence and a profound awareness of life's complexities. It is valued for its ability to guide individuals in ethical choices, foster compassion, and contribute to personal and societal well-being.

Cultivating wisdom involves a continuous process of learning, self-reflection, and the integration of knowledge into practical living.

# What Wisdom Means To Me

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