



The Borderline Patient

Alexander Chapman, Kim Gratz



The Borderline Patient:

The Borderline Patient James S. Grotstein, Marion F. Solomon, Joan A. Lang, 2014-06-03 This volume focuses on treatment issues pertaining to patients with borderline psychopathology A section on psychoanalysis and psychoanalytic psychotherapy with contributors by V Volkan H Searles O Kernberg L B Boyer and J Oremland among others is followed by a section exploring a variety of alternative approaches The latter include psychopharmacology family therapy milieu treatment and hospitalization The editors concluding essay discusses the controversies and convergences among the different treatment approaches

Current and Historical Perspectives on the Borderline Patient Reuben Fine, Herbert S. Streehan, 1989 First published in 1990 Routledge is an imprint of Taylor Francis an informa company

Relationship Management Of The Borderline Patient David L. Dawson, Harriet L. MacMillan, 2013-05-13 This volume offers guidelines for managing the therapist patient relationship during crisis intervention and longer term therapy with patients who exhibit borderline symptoms Since to do no harm is the primary goal of any therapist who encounters such a patient an appropriate therapist patient relationship is crucial moreover skillful management of this relationship can in itself be the most effective and safe treatment The authors present a conceptual model based on self psychology and interpersonal theory for reframing the borderline symptoms and the therapist s reactions Case examples demonstrate effective relationship management and therapeutic interventions

Treating The Borderline Patient Frank Yeomans, Michael A. Selzer, John F. Clarkin, 1992

A Primer of Transference-Focused Psychotherapy for the Borderline Patient Frank E. Yeomans, John F. Clarkin, Otto F. Kernberg, 2002-07-31 Treating borderline patients is one of the most challenging areas in psychotherapy because of the patient s extreme emotional expressions the strain it places on the therapist and the danger of the patient acting out and harming himself or the therapeutic relationship Many clinicians consider this patient population difficult if not impossible to treat However in recent years dedicated experts have focused their clinical and research efforts on the borderline patient and have produced treatments that increase our success in working with borderline patients Transference Focused Therapy TFP is psychodynamic treatment designed especially for borderline patients This book provides a concise and comprehensive introduction to TFP that will be useful both to experienced clinicians and also to students of psychotherapy TFP has its roots in object relations and it emphasizes that the transference is the key to understanding and producing change The patient s internal world of object representations unfolds and is lived in the transference with the therapist The therapist listens for and makes use of the relationship that is revealed through words silence or as often occurs in the case of individuals with some borderline personality disorder acting out in subtle or not so subtle ways This primer offers clinicians a way to understand and then use the transference and countertransference for change in the patient

The Fate of Borderline Patients Michael H. Stone, 1990-05-04 Providing a cost effective treatment model that is respectful of patients needs their strengths and their limitations this book presents the first dynamic and coherent approach to group treatment for the

chronically mentally ill By structuring members variable attendance the flexibly bound model which utilizes group dynamic principles to maximize therapeutic opportunities respects the actual behavior of many chronically ill persons making this treatment format available to a broad portion of this population Illustrated with numerous case vignettes the book outlines the elements of supportive treatment and therapeutic goals and then describes in detail specific strategies and interventions

Borderline Personality Disorder Joel Paris,1993 At this time borderline personality disorder is the most researched Axis II disorder and is beginning to rival the functional psychoses for space devoted to the topic in prominent journals This book differs from other books on borderline personality disorder in its commitment to empirical data as the basis for progress and understanding when treating the borderline patient Written by experts in this ever changing field it includes the most in depth and up to date research and clinical findings on the etiology and treatment of borderline personality disorder [The Borderline Personality Disorder Survival Guide](#) Alexander Chapman,Kim Gratz,2007-12-01 If you or someone you love is struggling with borderline personality disorder BPD you need up to date accurate and accessible information on the problems you re facing and where you can turn for help But where do you look Much of the professional literature on BPD is too technical and confusing to be of much help And searching the Internet for accurate information can be treacherous with some sites providing useful information and others giving dangerous advice and misinformation If you re living with BPD this compassionate book offers what you really need an easy to follow road map to guide you through this disorder and its treatment This book provides answers to many of the questions you might have about BPD What is BPD How long does it last What other problems co occur with BPD Overviews of what we currently know about BPD make up the first section of the book Later chapters cover several common treatment approaches to BPD DBT mentalization based treatment MBT and medication treatments In the last sections of the book you ll learn a range of useful coping skills that can help you manage your emotions deal with suicidal thoughts and cope with some of the most distressing symptoms of BPD This book has been awarded The Association for Behavioral and Cognitive Therapies Self Help Seal of Merit an award bestowed on outstanding self help books that are consistent with cognitive behavioral therapy CBT principles and that incorporate scientifically tested strategies for overcoming mental health difficulties Used alone or in conjunction with therapy our books offer powerful tools readers can use to jump start changes in their lives **I Hate You--Don't Leave Me: Third Edition** Jerold J. Kreisman, Hal Straus,2021-09-07 The revised and expanded third edition of the bestselling guide to understanding borderline personality disorder with advice for communicating with and helping the borderline individuals in your life After more than three decades as the essential guide to borderline personality disorder BPD the third edition of I Hate You Don t Leave Me now reflects the most up to date research that has opened doors to the neurobiological genetic and developmental roots of the disorder as well as connections between BPD and substance abuse sexual abuse post traumatic stress syndrome ADHD and eating disorders Both pharmacological and psychotherapeutic advancements point to real hope for success in the treatment

and understanding of BPD This expanded and revised edition is an invaluable resource for those diagnosed with BPD and their family friends and colleagues as well as professionals and students in the field and the practical tools and advice are easy to understand and use in your day to day interactions with the borderline individuals in your life

Borderline Personality Disorder Barbara Stanley, Antonia New, 2017-09-27 Until recently borderline personality disorder has been the step child of psychiatric disorders Many researchers even questioned its existence Clinicians have been reluctant to reveal the diagnosis to patients because of the stigma attached to it But individuals with BPD suffer terribly and a significant proportion die by suicide and engage in non suicidal self injury This volume provides state of the art information on clinical course epidemiology comorbidities and specialized treatments

The Borderline Patient Roy Richard Grinker, Beatrice Werble, 1983

Transference-Focused Psychotherapy for Borderline Personality Disorder Frank E. Yeomans, John F. Clarkin, Otto F. Kernberg, 2015-04-01 Transference Focused Psychotherapy for Borderline Personality Disorder A Clinical Guide presents a model of borderline personality disorder BPD and its treatment that is based on contemporary psychoanalytic object relations theory as developed by the leading thinker in the field Otto Kernberg M D who is also one of the authors of this insightful manual The model is supported and enhanced by material on current phenomenological and neurobiological research and is grounded in real world cases that deftly illustrate principles of intervention in ways that mental health professionals can use with their patients The book first provides clinicians with a model of borderline pathology that is essential for expert assessment and treatment planning and then addresses the empirical underpinnings and specific therapeutic strategies of transference focused psychotherapy TFP From the chapter on clinical assessment the clinician learns how to select the type of treatment on the basis of the level of personality organization the symptoms the patient experiences and the areas of compromised functioning In order to decide on the type of treatment the clinician must examine the patient s subjective experience such as symptoms of anxiety or depression observable behaviors such as investments in relationships and deficits in functioning and psychological structures such as identity defenses and reality testing Next the clinician learns to establish the conditions of treatment through negotiating a verbal treatment contract or understanding with the patient The contract defines the responsibilities of each of the participants and defines what the reality of the therapeutic relationship is Techniques of treatment interventions and tactics to address particularly difficult clinical challenges are addressed next equipping the therapist to employ the four primary techniques of TFP interpretation transference analysis technical neutrality and use of countertransference and setting the stage for and guiding the proper use of those techniques within the individual session What to expect in the course of long term treatment to ameliorate symptoms and to effect personality change is covered with sections on the early middle and late phases of treatment This material prepares the clinician to deal with predictable phases such as tests of the frame impulse containment movement toward integration episodes of regression and termination Finally the text is accompanied by supremely instructive online

videos that demonstrate a variety of clinical situations helping the clinician with assessment and modeling critical therapeutic strategies The book recognizes that each BPD patient presents a unique treatment challenge Grounded in the latest research and rich with clinical insight Transference Focused Psychotherapy for Borderline Personality Disorder A Clinical Guide will prove indispensable to mental health professionals seeking to provide thoughtful effective care to these patients

Borderline Personality Disorder John G. Gunderson, 2009-02-20 Covering the range of clinical presentations treatments and levels of care Borderline Personality Disorder A Clinical Guide Second Edition provides a comprehensive guide to the diagnosis and treatment of borderline personality disorder BPD The second edition includes new research about BPD's relationship to other disorders and up to date descriptions of empirically validated treatments including cognitive behavioral and psychodynamic approaches Compelling new research also indicates a much better prognosis for BPD than previously known A pioneer in the field author John Gunderson M D director of the Borderline Personality Disorder Center at McLean Hospital draws from nearly 40 years of research and clinical experience The guide begins with a clear and specific definition of BPD informed by a nuanced overview of the historical evolution of the diagnosis and a thoughtful discussion of misdiagnosis Offering a complete evaluation of treatment approaches Dr Gunderson provides an authoritative overview of the treatment options and describes in depth each modality of treatment including pharmacotherapy family therapy individual and group therapy and cognitive behavioral therapies Unlike other works this book guides clinicians in using multiple modalities including the sequence of treatments and the types of changes that can be expected from each mode The discussion of each treatment emphasizes empirically validated therapies helping clinicians choose modalities that work best for specific patients In addition Borderline Personality Disorder A Clinical Guide Second Edition also outlines therapeutic approaches for multiple settings such as hospitalization partial hospitalization or day hospital programs and levels of outpatient care Complementing the well organized treatment guide are a series of informative and intriguing sidebars providing insight into the subjective experience of BPD addressing myths about therapeutic alliances in BPD and questioning the efficacy of contracting for safety Throughout the book Dr Gunderson recommends specific do's and don'ts for disclosing the diagnosis discussing medications meeting with families starting psychotherapy and managing suicidality A synthesis of theory and practical examples Borderline Personality Disorder A Clinical Guide Second Edition provides a thorough and practical manual for any clinician working with BPD patients

I Hate You--Don't Leave Me Jerold J. Kreisman, Hal Straus, 2010-12-07 A new revised Third Edition is available now The bestselling guide to understanding borderline personality disorder After more than two decades as the essential guide to Borderline Personality Disorder BPD this new edition now reflects the most up to date research that has opened doors to the neurobiological genetic and developmental roots of the disorder as well as connections between BPD and substance abuse sexual abuse Post Traumatic Stress Syndrome ADHD and eating disorders Both pharmacological and psychotherapeutic advancements point to real hope for success in the

treatment and understanding of BPD This expanded and revised edition remains as accessible and useful as its predecessor and will reestablish this book as the go to source for those diagnosed with BPD their family friends and colleagues as well as professionals and students in the field

Becoming a Constant Object in Psychotherapy with the Borderline Patient
Charles P. Cohen, Vance R. Sherwood, 1996 1 standing still 2 The state of the art 3 major issues in treatment of the borderline patient 4 perpetual fear and abandonment 5 inability to modulate affect 6 intolerance of separateness 7 adaptive matrix constancy 8 differentiating constancy 9 reparation constancy

Intensive Psychotherapy of the Borderline Patient
Richard D. Chessick, 1977 To find more information about Rowman and Littlefield titles please visit www.rowmanlittlefield.com

Borderline Personality Disorder Perry D Hoffman, Penny Steiner-Grossman, 2012-11-12 Explore and understand new approaches in Borderline therapy Borderline Personality Disorder BPD lags far behind other disorders such as schizophrenia in terms of research and treatment interventions Debates about diagnosis etiology neurobiology genetics medication and treatment still persist Borderline Personality Disorder brings together over two dozen of the field's leading experts in one enlightening text The book also offers mental health providers a view of BPD from the perspectives of sufferers as well as family members to foster an understanding of the experiences of relatives who are often devastated by their loved ones struggles with this common disorder Although there has been an increasing interest in BPD in terms of research funding treatment advancement and acknowledgment of family perspective over the last decade the fact remains that the disorder is still highly stigmatized Borderline Personality Disorder provides social workers and other mental health clinicians with practical access to the knowledge necessary for effective treatment in a single volume of the most current research information and management considerations This important collection explores the latest methods and approaches to treating BPD patients and supporting their families This useful text also features handy worksheets and numerous tables that present pertinent information clearly Chapters in Borderline Personality Disorder include an overview of Borderline Personality Disorder confronting myths and stereotypes about BPD biological underpinnings of BPD BPD and the need for community a social worker's perspective on an evidence based approach to managing suicidal behavior in BPD patients Dialectical Behavior Therapy supportive psychotherapy for borderline patients Systems Training for Emotional Predictability and Problem Solving STEPPS Mentalization based Treatment fostering validating responses in families Family Connections an education and skills training program for family member wellbeing and much more Full of practical useable ideas for the betterment of those affected by BPD Borderline Personality Disorder is a valuable resource for social workers psychologists psychiatrists and counselors as well as students researchers and academics in the mental health field family members loved ones and anyone directly affected by BPD

A Developmental Model of Borderline Personality Disorder Patricia Hoffman Judd, Thomas H. McGlashan, 2008-05-20 Patients with borderline personality disorder BPD are among the most challenging patients for clinicians to treat Their behaviors and emotions can shift abruptly As a result these patients can

seem like therapeutic moving targets and improvement can be vexingly slow

A Developmental Model of Borderline Personality Disorder is a landmark work on this difficult condition. The book emphasizes a developmental approach to BPD based on an in depth study of inpatients at Chestnut Lodge in Rockville Maryland during the years 1950 through 1975 and the authors thirty years of clinical and supervisory experience. Using information gleaned from the original clinical notes and follow up studies the authors present four intriguing case studies to chart the etiology long term course and clinical manifestations of BPD. With three main parts that cover theory case examples and practical strategies for treatment.

A Developmental Model of Borderline Personality Disorder Introduces the reader to a multidimensional and integrated etiologic model of BPD to inform treatment. Helps clinicians develop the understanding and empathy needed to deal with difficult patient behaviors. Gives strategies for designing psychotherapy in tandem with psychosocial services to help patients with BPD improve or sustain functioning in the community.

A Developmental Model of Borderline Personality Disorder combines rich clinical case descriptions with an integrated theoretical model that captures the complexities of BPD. The first resource to chart BPD over the long term in such depth this book is a first rate clinical resource that reads like a novel illuminating the disorder to help interpret its causes and course. It will inspire and encourage clinicians along with patients and their family members to strive for success in treating this difficult disease.

Borderline Personality Disorder Leonard Horwitz, 1996

Borderline Personality Disorder Tailoring the Psychotherapy to the Patient explores the challenge of treating patients with borderline personality disorder. These patients make up a large segment of the difficult to treat population. The instability of their relationships the intensity of their affective responses and their proneness to paranoid reactions all contribute to their difficulty in working consistently and constructively in the psychotherapeutic situation. When one adds these difficult patient problems to the therapist's quandary about how expressive or supportive to be therapists are indeed often confronted with a challenging therapeutic task. The book begins with a review of the clinical and research literature pertaining to the treatment of borderline patients. It presents a unique empirically based intensive study of three borderline patients based on transcripts of audiotaped therapy sessions. The research methodology is reviewed and clinically oriented descriptions of the three patients their psychotherapy processes and their outcomes are included. Following an overall summary of results conclusions regarding the differential indications for supportive versus expressive emphasis in psychotherapy are discussed. In their research the authors recorded every psychotherapy session and studied a randomly selected group of sessions. Therefore the reader is provided with increased insight into what is most effective with what kind of patient at a given point in the therapy process.

The Borderline Patient, 1987

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